



McKay's Week-At-A-Glance (WAAG): May 4th - May 8th

Hello McKay Families!

It is MAY and there is a lot going on for our students over the next 8 weeks! Please pay close attention to notices and emails from the school to ensure that you have all important information.

Please note- we are planning to have our Sports Day on Friday June 5th. We will have early dismissal that day at 1:30pm. This is a change from our original date, as a field trip opportunity has come up for our intermediate divisions. Additionally- PAC Hot lunch has been moved from June 12th and will also now happen on June 5th to coincide with Sports Day. If you already ordered hot lunch for June 12th, your order will be transferred over to the 5th with no action required on your part. If you wish to order hot lunch for Friday, June 5th, the deadline on www.munchalunch.com is now Friday May 29th at 11:59pm.

Enjoy this beautiful sunny weekend!

Ms. Livingston

Highlights For Next Week Include:

Monday May 4 th	<ul style="list-style-type: none">Immunizations – Grades K, 1, 6 & 7- students who returned consent forms.
Tuesday May 5 th	<ul style="list-style-type: none">Track Meet @ Minoru for students Gr 4-7 *drop off and pick up at Gateway Theatre!
Wednesday May 6 th	
Thursday May 7 th	<ul style="list-style-type: none">Gateway to the Arts- WHOLE SCHOOL field trip to the Gateway Theatre for the Tzinquaw Dancers performance
Friday May 8 th	

VERY IMPORTANT REMINDER FROM THE OFFICE.....

If your child will be absent or late for school please inform the office directly by calling the early warning line as soon as possible at 604.668.6572.

Upcoming Important Dates and Special Events:

Wed	May 13	Welcome to Kindergarten
Fri	May 15	Professional Development Day No School in Session
Wed	May 27	Spring Band Concert
Fri	May 29	Burnett Gr 7 Transition
Fri	June 5	Sports Day Early dismissal @ 1:30pm
Wed	June 10	Hoop Dance and Powwow
Thurs	June 11	Hoop Dance and Powwow
Wed	June 17	Beach Day Field Trip (Whole School)
Tues	June 23	Grade 7 Farewell
Thurs	June 25	Last Day for Students and Term 3 Written Learning Updates Published

Significant Dates in our Community

May is Asian and Jewish Heritage Month

May is Speech & Hearing Month



Red Dress Day: May 5
Dutch Heritage Day: May 5



Red Dress Day

May 5th, 2025

Red Dress Day, observed annually on May 5th, is a National Day of Awareness for Missing and Murdered Indigenous Women and Girls (MMIWG2S) in Canada.



Red Dress Day, also known as the National Day of Awareness for Missing and Murdered Indigenous Women and Girls and 2SLGBTQIA+ People, is observed annually on May 5th in Canada. It serves as a day to remember and honor the missing and murdered Indigenous women, girls, and 2SLGBTQIA+ individuals, and to raise awareness about the crisis of gender-based violence against Indigenous peoples.



On May 5 we celebrate Dutch Heritage Day across Canada, an opportunity to recognize and celebrate the many contributions that Canadians of Dutch Heritage have made to our country's social, cultural, and economic fabric. May 5 is also Liberation Day in the Netherlands, marking the end of Nazi Germany's occupation during the Second World War.

In the occupied Netherlands, the Dutch people experienced hardship, oppression and starvation. In 1945, their ordeal came to an end as the Allies advanced across the country. Canadians played a significant role in the liberation of the Netherlands.



Dress for the weather!

Students will go outside for recess and lunchtime play in all weather. Rain gear, layers, and extra clothing are helpful to stay comfortable!



warm gear



rain gear



Extra clothes



McKay Hot Lunch Days Apr - Jun 2026

Order Deadline	Food Vendor	Food Date
Fri Apr 3 at 11:59pm	Fresh Slice Pizza	Fri Apr 10
Fri Apr 17 at 11:59pm	Asian Menu by Bala Foods	Fri Apr 24
Fri May 15 at 11:59pm	Triple O	Fri May 22
Fri Jun 5 at 11:59pm	Fresh Slice Pizza	Fri Jun 12



Scan to Order

Or go to this website to order --> <https://munchalunch.com/schools/mckay/>



Interested in helping with hot lunch days? Sign-up by clicking the "Volunteer" tab in MunchaLunch. Have questions? Please send an email to mckayelementarypac@gmail.com

TZINQUAW DANCERS

COAST SALISH DANCE GROUP FROM COWICHAN TRIBES



Thank you to our PAC for funding this School Field Trip to the Gateway Theatre Thursday May 7th!

youth week

MAY 1-7, 2026

7 DAYS OF FUN ACTIVITIES FOR YOUTH

richmond.ca/YouthWeek



56TH **BCEC**



BC ELEMENTARY track&field CHAMPIONSHIPS

**OPEN TO ALL
GRADES 3 TO 7
STUDENTS**



MAY 22-24, 2026
MINORU PARK, RICHMOND, BC



<https://www.kajaks.ca/bcec>

**RICHMOND
SPORT
HOSTING**



National Child & Youth Mental Health Day

When Our Children Hurt Inside:

NURTURING AWARENESS AND THE POWER OF RELATIONSHIPS

Younger children can experience emotional pain that they don't yet have the words to describe. Sometimes this shows up as statements about not wanting to be here or behaviours that look like self-harm. This gentle, supportive session may help parents and caregivers understand why these moments happen, what they may mean, and how to respond with calm connection. Together we'll explore how small moments of being seen, heard, and supported can make a big difference in a child's safety and well-being.

THURSDAY MAY 7, 2026 | 6:30 PM - 8 PM (PST)



Meet the Speaker

Join Katie DeReus a Registered Clinical Counsellor with over 20 years of experience as a teacher and Elementary School Counsellor. As both a professional and a parent, Katie brings a depth of insight to the challenges and well-being of young children.

For more information and to register for this free event, visit familysmart.ca/may-7th/

Register for FREE

