



## McKay's Week-At-A-Glance (WAAG):

Feb. 9<sup>th</sup> - Feb. 12<sup>th</sup>

Hello McKay Families!

Coming up this week we have our second informal learning update of the year- conferences. This is an important opportunity for you to connect with your child's teacher and discuss how your child is doing at this point in the year. You will have received a booking invitation from your child's teacher... thank you for finding a time that works for you, or letting us know if you need a different time to connect. It is important that we work together to support your child's learning and growth.

**Reminder: There is early dismissal for conferences on Wednesday and Thursday, and there is NO school on Friday the 13<sup>th</sup> (Pro-D Day) or Monday the 16<sup>th</sup> (Family Day holiday).**

Have a great weekend!

### **Highlights For Next Week Include:**

<b>Monday</b> <b>Feb. 9<sup>th</sup></b>	<ul style="list-style-type: none"><li>• Scholastic Book Fair in the Library</li><li>• Burnett Parent Info Night for gr 7 parents (see poster below)</li></ul>
<b>Tuesday</b> <b>Feb. 10<sup>th</sup></b>	<ul style="list-style-type: none"><li>• Universal Hot Lunch for those who ordered</li><li>• Scholastic Book Fair in the Library</li><li>• Boys' Basketball Away Game vs. Spul'u'kwuks</li><li>• PAC Meeting 7:15pm on TEAMS- link will be emailed</li></ul>
<b>Wednesday</b> <b>Feb. 11<sup>th</sup></b>	<ul style="list-style-type: none"><li>• Scholastic Book Fair in the Library</li><li>• Conferences -<b>Early Dismissal – 1:45 p.m.</b></li><li>• FamilySmart: Parenting When Anxiety Shows Up as Anger 10am online Register <a href="#">here</a> (information flyer below)</li></ul>
<b>Thursday</b> <b>Feb. 12<sup>th</sup></b>	<ul style="list-style-type: none"><li>• Scholastic Book Fair in the Library</li><li>• Conferences – <b>Early Dismissal – 1:45 p.m.</b></li></ul>
<b>Friday</b> <b>Feb. 13<sup>th</sup></b>	<ul style="list-style-type: none"><li>• District-Wide Pro-D Day – <b>No School in Session</b></li><li>• Order Deadline @ 11:59pm for PAC Hot Lunch Sushi Lovers next week <a href="http://www.munchalunch.com">www.munchalunch.com</a></li></ul>

### **VERY IMPORTANT REMINDER FROM THE OFFICE.....**

**If your child will be absent or late for school please inform  
the office directly by calling the early  
warning line as soon as possible at 604.668.6572.**

### **Upcoming Important Dates and Special Events:**

Mon Feb 16                    Family Day Holiday **No School in Session**  
Wed Feb 25                    Family Teams- Kindness

M-F	Mar 2-6	Jess Dance Pow Wow Dance workshops
Fri	Mar 13	Last Day of school before Spring Break

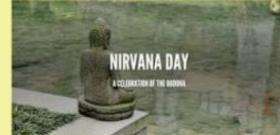
## Significant Dates in our Community

### February is Black History Month

Valentine's Day: Feb. 14

Women's Memorial March: Feb. 14

Nirvana Day: Feb. 15



Valentine's Day, celebrated on February 14, is a global holiday dedicated to love and affection. Originating from ancient Roman and Christian traditions, it has evolved into a day for expressing love through gifts, flowers, chocolates, and heartfelt messages. While commonly associated with romantic relationships, many also celebrate friendships and familial bonds. Traditions vary worldwide, with some cultures focusing on gift exchanges, while others emphasize gestures of appreciation. Despite its commercialization, Valentine's Day remains a meaningful occasion for people to express love and connection in personal and cultural ways.



### Women's Memorial March

Honouring  
MMIWG2S+ and  
survivors



The 35th Annual Women's Memorial March is to honor missing and murdered Indigenous women, girls, and 2S/gender-diverse people (MMIWG2S+). This annual, volunteer-driven event, features a march, ceremony, and community feast, advocating for justice against systemic violence.



### NIRVANA DAY

Nirvana Day, also known as Parinirvana Day, is a Buddhist observance held on February 8 or 15 (depending on tradition) to commemorate the Buddha's passing into final Nirvana after his death. It is a day for reflection on impermanence, enlightenment, and the cycle of birth and rebirth. The day is widely observed in countries with strong Buddhist traditions, including Japan, China, Vietnam, Thailand, Sri Lanka, Myanmar, and Tibet, as well as by Buddhist communities in the UK, the US, Canada, and Australia. Observances often include meditation, chanting, temple visits, and readings from the Parinirvana Sutra, which describes the Buddha's final moments. Many also engage in acts of kindness and charity, honoring the Buddha's teachings on compassion and detachment from suffering.



# Dress for the weather!

Students will go outside for recess and lunchtime play in all weather.

Rain gear, layers, and extra clothing are helpful to stay comfortable!



warm gear



rain gear



Extra clothes



## McKay Hot Lunch Days Jan - Mar 2026

Order Deadline	Food Vendor	Food Date
Fri Jan 9 at 11:59pm	Asian Menu by Bala Foods	Fri Jan 16
Fri Jan 30 at 11:59pm	Triple O	Fri Feb 6
Fri Feb 13 at 11:59pm	Sushi Lovers	Fri Feb 20



Scan to Order

Or go to this website to order --> <https://munchalunch.com/schools/mckay/>



Interested in helping with hot lunch days? Sign-up by clicking the "Volunteer" tab in MunchaLunch.  
Have questions? Please send an email to [mckayelementarypac@gmail.com](mailto:mckayelementarypac@gmail.com)

## Inclement Weather: School Closure Notifications

The district will try to determine school closures due to inclement weather by 6:30 a.m. Updates will be delivered using social media and school and district websites.

No radio or television announcement will be made saying that schools are open. Only school closures will be announced by the media. To reach as many people as possible - as quickly as possible - we work closely with our local media to share information. Listen to local radio stations and follow local news outlets online to also get information about the impact of severe weather or emergencies in our schools.

If snowfall begins while school is in session, in most circumstances, schools will remain OPEN until the end of the school day.

If schools are open, and you wish to keep your child home due to weather conditions, you may do so. Please let your school know of this decision. Parents/guardians are responsible for their child's safe travel to school.

Facebook: <https://www.facebook.com/RichmondSD38/>  
Twitter: <https://twitter.com/RichmondSD38>

## Stay Informed with SchoolMessenger Text Alerts (Opt-In)

Our District uses SchoolMessenger to share important school and district updates, including weather closures, emergency notifications, reminders, and time-sensitive announcements.

All families with a current cell phone number in our MyEdBC database will receive a text message from SchoolMessenger (Text #: 978338) in February 2026. To start receiving text alerts, you will need to opt in.

### How to opt in:

1. Watch for a text from SchoolMessenger (Text #: 978338).
2. Reply with "Y" to 978338.
3. You will receive a confirmation message letting you know you're successfully subscribed.

### *Want alerts on more than one device?*

To receive text alerts on multiple phones, each phone number must opt in separately by replying "Y" to 978338.

## CARE AND SUPPORT FOR FAMILIES



### Peer Support in Richmond



#### Parenting when Anxiety shows up as Anger.

Parenting can become challenging when anxiety shows up as anger in our kids. Join us in a conversation with Karen Peters, Registered Clinical Counsellor, to learn about some strategies that can help us better understand and manage these hard moments.

当焦虑在孩子身上表现为愤怒时，为人父母就会面临挑战。欢迎收听我们与注册临床咨询师凯伦·彼得斯的对话，了解一些可以帮助我们在这些艰难时刻之前、之中和之后应对的策略

**Wednesday, February 11, 2026  
10:00am to 11:30am online session**

**SWIS** RICHMOND SCHOOL DISTRICT  
Settlement Workers  
In Schools

IN PARTNERSHIP WITH  
**FAMILYSMART.CA**



Immigration, Refugees  
and Citizenship Canada

Immigration, Réfugiés  
et Citoyenneté Canada

# GRADE 7 PARENT INFORMATION NIGHT



**FEB 9, 2026**  
**6:00–7:00PM**  
**ONLINE**



**Please join us virtually to learn more about  
program planning for Grade 7s attending  
Burnett in September 2026**

**REGISTER BY SCANNING  
QR CODE OR VISIT  
<https://tinyurl.com/JNBinfonight>**

**The tour of Burnett for parents  
will be held on Feb 12, 2026  
from 6:15–6:45pm**





**McKay Elementary School**  
7360 Lombard Road, Richmond BC V7C 3N1  
604-668-6470 | [mckay.sd38.bc.ca](mailto:mckay.sd38.bc.ca)  
Principal: Ms. Mika Livingston

February 4<sup>th</sup>, 2026

Dear Parents and Families:

The Scholastic Book Fair is coming back to McKay Elementary!

We are excited to announce that we will be having a Scholastic Book Fair taking place on **Monday, February 9<sup>th</sup> to Thursday, February 12<sup>th</sup>, 2026 (Hours are on the reverse side)**. Students will be able to view the Book Fair with their classes during their weekly library period. This wonderful literacy event is always popular amongst students, parents, and teachers and encourages a love of reading.

**Each purchase helps raise funds to build and improve our library collection, and there are two methods to participate:**

1. **Your child can purchase in person during their regularly weekly library visit (Divisions 8 to 13) or during school hours at recess or lunch breaks (Divisions 1 to 7, see scheduled days), and students with their parents can purchase afterschool and at conference times. We accept cash and card.**
2. **Grades K-5 can purchase a title/titles from the paper flyer using the "Books I Want to Read" Form and provide the exact cash payment. Please include your child's name and division # on the form. These forms and cash payments should be returned to the school librarian by Thursday, February 12<sup>th</sup>, 2026. The books are scheduled to be delivered to your child on Tuesday, February 17<sup>th</sup>, 2026.**

**LUCKY DRAW CONTEST:** To encourage reading and for supporting this literacy fundraising, students who purchase books in person or using the flyer order form **by Wednesday, February 11<sup>th</sup>** will be entered into an early bird lucky draw to win free Book Fair money (6 winners, prizes range from a \$5 Book Fair voucher to a \$20 Book Fair voucher). The winners will be announced on **Thursday, February 12<sup>th</sup> during the morning announcements.**

We look forward to seeing you and your families during our Scholastic Book Fair and thank you, in advance, for supporting this great literacy fundraiser! Mostly, thank you for believing in books and the importance reading has on your child's future.

Sincerely,

Ms. M. Mui  
McKay Teacher-Librarian



## COME AND TRY SOFTBALL!

Free Entry!



McRoberts Secondary School

February 18th, 2026

5-11 years old: 6:00pm-7:30PM

Scan here!



@RICHMOND.SOFTBALL



RICHMONDSOFTBALL.CA