



McKay's Week-At-A-Glance (WAAG): Sept. 29th - Oct. 3rd

Hello McKay Families!

It was so great seeing many of you on Thursday at our Meet the Staff evening. A big thank you to our PAC for organizing the Welcome Back Pizza Picnic for afterwards... I saw many families gathering and enjoying the beautiful weather. We have a wonderful community because of all of you!

This week leading up to Orange Shirt Day which is coming up on Monday, classes have spent time learning about the history of Canada's Residential Schools, and ways we can engage in Truth and Reconciliation. On Monday, we will gather together for an assembly and reflective walk as a school community, and on Tuesday, September 30th, all schools will be closed for the National Day for Truth and Reconciliation, to honour the children who never came home, and Survivors of residential schools. We invite you to talk to your child about Truth and Reconciliation, to learn together, be curious, and be open to a positive way forward together. Below are some weblinks to continue learning:

All About Orange Shirt Day: https://www.cbc.ca/kids/watch/video/1.6589904#main_content

Orange Shirt Society; donate and support reconciliation: <https://orangeshirtday.org>

Government of Canada National Day for Truth and Reconciliation webpage:

<https://www.canada.ca/en/canadian-heritage/campaigns/national-day-truth-reconciliation.html>

Local Richmond Events:

<https://www.richmond.ca/culture/calendar/special-events/NationalDayForTruthAndReconciliation.htm>

Highlights For Next Week Include:


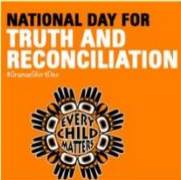
Monday Sept. 29th	<ul style="list-style-type: none">• Orange Shirt Day Everyone is encouraged to wear orange
Tuesday Sept. 30th	<ul style="list-style-type: none">• National Day of Truth and Reconciliation – No School in Session
Wednesday Oct. 1st	
Thursday Oct. 2nd	<ul style="list-style-type: none">• National Custodian Day... thank you for everything you do, Mr. Ilagan!• Volleyball Game away @ Blundell Go Mustangs!
Friday Oct. 3rd	<ul style="list-style-type: none">• This Sunday- October 5th is World Teachers' Day... thank you, teachers, for helping us learn and grow!

VERY IMPORTANT REMINDER FROM THE OFFICE.....

If your child will be absent or late for school please inform the office directly by calling the early warning line as soon as possible at 604.668.6572.

Upcoming Important Dates and Special Events:

Oct 5	World Teachers' Day
Oct 8-10	Outdoor Education @ Camp Jubilee for Gr 6&7s
Mon Oct 13	Thanksgiving Holiday No school in session
Oct 22	Learning Update- Conferences- Early Dismissal @ 1:45
Oct 23	Learning Update- Conferences- Early Dismissal @ 1:45
Fri Oct 24	Provincial Pro D Day No school in session



Significant Dates in our Community



National Day for Truth and Reconciliation: Sept 30


Dussehra: Oct 1-2

Yom Kippur: Oct 1-2

International Custodian Day: Oct 2


World Teacher's Day: Oct 5





World Teacher's Day

World Teacher's Day is a global celebration of the teaching profession. Since its inauguration in 1994, World Teachers' Day (WTD) has highlighted the vital contributions of teachers and the immense value they bring to our lives.



NATIONAL DAY FOR TRUTH AND RECONCILIATION

The National Day for Truth and Reconciliation, observed on September 30, is a Canadian statutory holiday that commemorates the tragic history and ongoing impacts of residential schools on Indigenous peoples. The day honours Survivors, their families, and the thousands of Indigenous children who died in the residential school system that never returned home. It is also known as **Orange Shirt Day**, a time for Canadians to wear orange to symbolize the loss of culture, freedom, and self-esteem experienced by Indigenous children.

Yom Kippur, also known as the Day of Atonement, is the holiest day in the Jewish calendar. It takes place 10 days after Rosh Hashanah and is a day dedicated to seeking forgiveness for past mistakes and making amends. Many Jewish families observe this day with fasting, prayer, and reflection. Adults typically fast for 25 hours, while children may participate in age-appropriate ways. It is a time to pause, think about personal growth, and focus on being a better person in the coming year. Yom Kippur ends with a final prayer and the blowing of the shofar, signaling the close of this sacred day.



Dussehra, also known as Vijayadashami, is a major Hindu festival that celebrates the victory of good over evil. It marks the end of the Navaratri festival and the triumph of Lord Rama over the demon king Ravana, symbolizing the importance of righteousness and justice. The festival is observed with various cultural performances, including reenactments of the epic Ramayana, and the burning of large effigies of Ravana to represent the destruction of evil. It's a time for families to come together, share sweets, and enjoy festivities. Dussehra reminds us of the power of good and the importance of making positive choices in life.



Information Items for Families:



McKay Hot Lunch Days Sep - Dec 2025

Order Deadline	Food Vendor	Food Date
Sun Sep 21 at 11:59pm	Fresh Slice Pizza	Thu Sep 25
Fri Oct 10 at 11:59pm	Asian Menu by Bala Foods	Fri Oct 17
Fri Oct 31 at 11:59pm	Sushi Lovers	Fri Nov 7
Fri Nov 14 at 11:59pm	Triple O	Fri Nov 21
Fri Dec 5 at 11:59pm	Fresh Slice Pizza	Fri Dec 12



Scan to Order

Or go to this website to order --> <https://munchalunch.com/schools/mckay/>



Interested in helping with hot lunch days? Sign-up by clicking the "Volunteer" tab in MunchaLunch.
Have questions? Please send an email to mckayelementarypac@gmail.com



Dress for the weather!

Students will go outside for recess and lunchtime play in all weather.
Rain gear, layers, and extra clothing are helpful to stay comfortable!



Warm gear



rain gear



Extra clothes

All Richmond kids in grade 5, including those home-schooled or attending private schools, can

2025/2026 Grade 5 Active! Pass



It's time to register for a school year of free, active fun!

All Richmond kids in grade 5, including those home-schooled or attending private schools, can pick up a pass today.

Libby's Kitchen Menu (Oct.2025 / 2025年10月)

School : _____

Student: _____

Total Meal : _____

Parent's Contact: _____

Total Amt : _____

		Mon.	Tue.	Wed. 1	Thur. 2	Fri. 3
Week 1	A		A	A Spaghetti w/Pork Meatball 番茄意面配猪肉丸子	A Beef Hot Dog 牛肉热狗	A Lemon Chicken 柠檬鸡配米饭
	B		B	B Chicken Fried Rice 鸡肉炒饭	B Chinese Sausage Fried Rice 腊肠什锦炒饭	B Spaghetti w/Beef Meatball 番茄牛肉意面
	C		C	C Veggie Fried Noodle 蘑菇素炒面	C Vegetable Lasagna 芝士蔬菜素千层	C Deep Fried Tofu w/Potato 椒盐豆腐配土豆泥
		Mon. 6	Tue. 7	Wed. 8	Thur. 9	Fri. 10
Week 2	A	A Grilled Chicken Leg w/Rice 香烤鸡腿配奶油玉米	A Crab Salad Sandwich 蟹肉沙拉三明治	A Marinated Chicken Leg 香卤鸡腿配米饭	A Popeom Chicken w/Potato 椒盐鸡米花配土豆泥	A Beef Lasagna 意大利牛肉千层饼
	B	B Teriyaki Beef Noodle 照烧日式牛肉炒面	B Chicken Mac&Cheese 鸡肉香肠通心粉	B Sweet&Sour Meatball 糖醋丸子	B BBQ Pork w/Rice 叉烧饭	B Chicken Fried Noodle 鸡肉炒面
	C	C Mixed Veggie Riceball 海苔蔬菜饭团	C Veggie Fried Rice 蘑菇时蔬素炒饭	C Stir-Fried Veggie 地三鲜	C Stir-Fried Diced Vegetable 酱爆素三丁	C Butter Veggies w/Rice 咖喱黄油炒杂菜
		Mon. 13	Tue. 14	Wed. 15	Thur. 16	Fri. 17
Week 3	A	Thanksgiving Day	A Chicken Stick Wrap 芝士鸡肉卷	A Teriyaki Chicken w/Rice 照烧鸡	A Chicken Tender & Fries 麦香鸡配薯条	A Chicken Veg Dumplings 鸡肉蔬菜蒸饺
	B		B Spaghetti w/Meat Sauce 番茄肉酱意面	B Bacon Mac&Cheese 蘑菇培根通心粉	B Orange Chicken w/Rice 橙汁鸡配米饭	B Beef Broccoli w/Rice 西兰花炒牛肉
	C		C Cheese Stick & Wedges 芝士条配薯条	C Mash Potato w/Tofuball 土豆泥配豆腐丸子	C Vegetarian Japchae Noodle 韩式炒杂菜(素)	C Creamy Veggie Carbonara 白汁奶油鲜蔬意面
		Mon. 20	Tue. 21	Wed. 22	Thur. 23	Fri. 24
Week 4	A	A Sweet&Sour Fish 菠萝咕咾鱼球	A Beef Taco 墨西哥牛肉卷	A Korean Beef Bibimbap 韩式牛肉拌饭	A Ham Fried Rice 扬州炒饭	A Creamy Chicken Carbonara 白汁奶油鸡丝意面
	B	B TW Style Braised Pork 台式卤肉饭	B Mushroom Bacon Pasta 蘑菇培根奶油意面	B Sweet&Sour Chicken 菠萝咕咾鸡	B Baked Cheese Meat Sauce w/ Rice 芝士肉酱焗意饭	B Riceball w/Shredded Pork 海苔肉松饭团
	C	C Scrambled Egg w/Tomato 番茄炒蛋	C Teriyaki Tofu 照烧豆腐	C Vegan Dumplings 全素蒸饺	C Sweet & Sour Tofu Ball 糖醋豆腐丸子	C Spaghetti w/Tofu Meatball 番茄意面配豆腐丸子
		Mon. 27	Tue. 28	Wed. 29	Thur. 30	Fri. 31
Week 5	A	A Creamy Ham Carbonara 白汁奶油火腿意面	A Tuna salad Sandwich 吞拿鱼沙拉三明治	A Chicken Broccoli w/Rice 西兰花炒鸡肉	A Taiwanese Fried Chicken 台式盐酥鸡饭	A Steamed Egg w/Pork 肉末蒸蛋
	B	B Deep Fried Fish Fillet 椒盐鱼片	B Grilled Chicken w/Rice 香烤鸡胸配米饭	B Fish & Chips 炸鱼薯条	B Kyoto Style Pork Chop 京都猪扒	B Creamy Chicken Carbonara 白汁奶油鸡丝意面
	C	C JP Style Curry Veggie 日式咖喱炒杂菜	C Yaki Udon w/Mixed Veggie 日式杂菜炒乌冬(素)	C Veggie Sausage Mac&Cheese 素食香肠通心粉	C Vegetable Lasagna 芝士蔬菜素千层	C Kosher Veggie Hot Dog 全素热狗

Lunch served with seasonal vegetable and rice (except for noodle & fried rice item).



GENERATIONS HOMEWORK CLUB

Charity number:
13940 7670 RR0001



FREE TUTORING FOR GRADE 5-8 STUDENTS!

EVERY THURS
3:30-5:00PM

OCT 2025 - MAY 2026

RICHMOND LIBRARY
BRIGHOUSE

WHO ARE WE

The Generations Homework Club is a **mentorship program** that builds up students' **social skills, self-esteem, and confidence** while helping with their homework.

- ✓ One-to-one tutor support
- ✓ Interactive activities
- ✓ Educational games
- ✓ Foster meaningful relationships



**OPEN FOR
REGISTRATION**

Student and Family Affordability Fund



LAST SPRING, THE PROVINCIAL GOVERNMENT ANNOUNCED A RENEWAL OF ONE TIME FUNDS FOR THE STUDENT AND FAMILY AFFORDABILITY FUND. THIS FUND IS DESIGNED TO ASSIST FAMILIES WHO REQUIRE FINIANCIAL ASSISTANCE WITH SCHOOL-RELATED COSTS IN THE FOLLOWING AREAS:

- SCHOOL AND COURSE FEES**
- SCHOOL SUPPLIES AND COURSE MATERIALS**
- FIELD TRIPS**
- SCHOOL-RELATED EXTRACURRICULAR OPPORTUNITIES**
- CLOTHING AND FOOTWEAR REQUIRED FOR SPORTS AND SPORT ACTIVITIES**

PLEASE REACH OUT TO MS. LIVINGSTON (MLIVINGSTON@SD38.BC.CA) IF YOU ARE IN NEED OF ASSISTANCE. AS ALWAYS, ALL REQUESTS WILL BE TREATED WITH DIGNITY AND YOUR PRIVACY WILL BE RESPECTED. WE WANT TO WORK WITH FAMILIES TO ENSURE THAT YOUR CHILDREN HAVE EVERYTHING THEY NEED IN ORDER TO BE SUCCESSFUL AT SCHOOL. PLEASE DO NOT HESITATE TO REACH OUT IF WE CAN HELP.