## MCKAY SCHOOL

#### McKay's Week-At-A-Glance (WAAG):

Sept. 15th - Sept. 19th

#### **Hello McKay Families!**

Our kindergarten students are now attending full-time, and everyone is getting used to their classes, schedules, and routines. Transitioning back to school schedules can be tricky... packing healthy lunches, getting to bed earlier, and reducing screen time are all supportive of a good day at school for our children. If you ever need support with any of these, areas reach out! We can suggest some ideas, or connect you with resources that might help.

Coming up this week are individual student photos... there will be photo re-takes scheduled if your child is absent.

We had our Terry Fox assembly and run on Friday... and on Sunday, September 14<sup>th</sup>, there is a community run at Garry Point Park in Steveston at 10am. Every year, some McKay staff and students try to attend... we hope to see some of you there in your McKay spirit wear!

Our PAC hopes you will get involved this year... and on September 25<sup>th</sup> we will have our Meet the Teacher event at 5pm, followd by the PAC's Welcome Back Pizza Picnic...this is a great opportunity to meet other members of the PAC, and volunteer if you can!

#### **Early Warning Phone Number:**

If your child will be absent or late for any reason, please call the McKay Early Warning Line: 604-668-6572.

#### Highlights For Next Week Include:

Monday Sept. 15 <sup>th</sup>	
Tuesday Sept. 16 <sup>th</sup>	
Wednesday Sept 17 <sup>th</sup>	Individual Student Photos
Thursday Sept. 18 <sup>th</sup>	
Friday Sept. 19 <sup>th</sup>	

## VERY IMPORTANT REMINDER FROM THE OFFICE.....

If your child will be absent or late for school please inform the office directly by calling the early warning line as soon as possible at 604.668.6572.

#### **Upcoming Important Dates and Special Events:**

Sun Sept 21	Orders for Welcome Back Pizza Picnic due by 11:59pm at www.munchalunch.com
Mon Sept 22	Pro D Day No school in session
Thurs Sept 25	Meet the Staff and PAC Welcome Back Picnic – 5pm
Mon Sept 29	Orange Shirt Day at School
Tues Sept 30	National Day for Truth and Reconciliation No school in session
Oct 8-10	Outdoor Education @ Camp Jubilee for gr 6&7s
Mon Oct 13	Thanksgiving Holiday No school in session
Wed Oct 22	Learning Update- Conferences- Early Dismissal @ 1:45
Thurs Oct 23	Learning Update- Conferences- Early Dismissal @ 1:45
Fri Oct 24	Provincial Pro D Day No school in session



#### **Information Items for Families:**

#### A message from the Parent Advisory Council (PAC):

As parents and guardians of McKay students, we invite you to participate in the McKay Parent community. The parents of McKay aim to support a welcoming and thriving learning environment in which all students engage in positive educational and social experiences.

The PAC supports building a positive and inclusive school community through open communication, and we invite you to be a part of this process. Everyone is welcome to join our monthly PAC meetings!

If you wish to connect with McKay's PAC or if you would like to be involved in supporting McKay school, please do not hesitate to reach out to us at mckayelementarypac@gmail.com.

\*We especially need volunteers for our first event- the Welcome Back Pizza Picnic on Sept 25<sup>th</sup>. Volunteers will still be able to meet their child's teacher! Please reach out if you can helpmckayelementarypac@gmail.com





#### Welcome Back Pizza Picnic

#### Thursday September 25th at 5:30pm





As our first fundraiser event of the year, we are excited to meet everyone at the picnic to begin a new school year. We will be offering Fresh Slice Pizza, Booster Juice Smoothies, juice boxes and chips at the below price:

Item	Price			
Cheese Pizza	\$4.5 / slice			
Ham & Pineapple Pizza	\$4.5 / slice			
Pepperoni Pizza	\$4.5 / slice			
Veggie Pizza	\$4.5 / slice			
Juice Box	\$1 / box			
Chips	\$1.5 / bag			
Smoothies (355 mL)	\$6.5			
Mango Hurricane, Strawberry Suns	hine and Pirate's Nectar			

Orders will be packaged and distributed by Last Name per student basis on the event day. If parents and any family members who would like to order pizza and/or drinks for this event, please feel free to add your items onto your child's order form. There will be extra juice boxes and chips for sale on that day. Please submit your order in Munch-A-Lunch on or before Sunday, Sep 21st at 11:59pm.

#### **IMPORTANT NOTE** for returning parents:

Please UPDATE your child's name and division for 2025-2026 prior to ordering.

We hope to see you on Sep 25th! Thank you for your ongoing support.

The McKay PAC

### Student and Family Affordability Fund



LAST SPRING, THE PROVINCIAL GOVERNMENT ANNOUNCED A RENEWAL OF ONE TIME FUNDS FOR THE STUDENT AND FAMILY AFFORDABILITY FUND. THIS FUND IS DESIGNED TO ASSIST FAMILIES WHO REQUIRE FINIANCIAL ASSISTANCE WITH SCHOOL-RELATED COSTS IN THE FOLLOWING AREAS:

- -SCHOOL AND COURSE FEES
- -SCHOOL SUPPLIES AND COURSE MATERIALS
- -FIELD TRIPS
- -SCHOOL-RELATED EXTRACURRICULAR OPPORTUNITIES
- -CLOTHING AND FOOTWEAR REQUIRED FOR SPORTS AND SPORT ACTIVITIES

PLEASE REACH OUT TO MS. LIVINGSTON (MLIVINGSTON@SD38.BC.CA) IF YOU ARE IN NEED OF ASSISTANCE. AS ALWAYS, ALL REQUESTS WILL BE TREATED WITH DIGNITY AND YOUR PRIVACY WILL BE RESPECTED. WE WANT TO WORK WITH FAMILIES TO ENSURE THAT YOUR CHILDREN HAVE EVERYTHING THEY NEED IN ORDER TO BE SUCCESSFUL AT SCHOOL. PLEASE DO NOT HESITATE TO REACH OUT IF WE CAN HELP.

#### **Hot Lunch Program and Fundraiser**

Our PAC has partnered with Libby's Hot Lunch program to ffer hot lunches on school days for families who choose to order. Some procfrom the sales of these hot lunches go directly to the PAC and are then allocated to support programs, events, and equipment at the school! For details visit <a href="http://www.libbyskitchen.ca/">http://www.libbyskitchen.ca/</a>

#### Libby's Hot Lunch Registration Form



Libby's Kitchen is a hot lunch provider dedicating in preparing delicious hot lunch meals for children. We aim to provide delicious food and excellent service to elementary schools and daycare centers. We offer Daily Hot Lunch Program and School Hot Lunch Program to serve the demand of different school and organization. Our menu is carefully designed in compliance with *The Guidelines for Food and Beverage Sales in BC & School Meal* and *School Nutrition Program Handbook* to ensure nutrients intake and food variation. For more information, please visit libbyskitchen.ca or contact us.

#### Libby's Kitchen Menu (Sep.2025 / 2025年09月)

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Stude	nt:						_	Total M	eal	:
Paren	t's (	Contact:					_	Total A	mt	:
		Mon.		Tue.		Wed.		Thur.		Fri.
		1		China Carana Catad Nasa		3		4		5
Week 1	A	Labour	A	Chinese Sausage Fried Rice 腊肠什锦炒饭	<u> ^</u>	Chicken Mac&Cheese 鸡肉香肠通心粉	Α	Beef Taco 墨西哥牛肉卷	Α	Popcorn Chicken w/Potate 椒盐鸡米花配土豆泥
	$\vdash$			Chicken Veg Dumplings		Sweet&Sour Meatball		Spaghetti w/Pork Meatball	_	Beef Lasagna
	В	<b>6</b> 00	В	鸡肉蔬菜蒸饺	В	糖醋丸子	В	番茄意面配猪肉丸子	В	意大利牛肉千层饼
	Ţ	ODau	Ĺ	Mixed Veggle Riceball	_	Mash Potato w/Tofubull	`	Teriyaki Tofu	,	Grilled Chicken Leg w/Rice
	С		С	海苔蔬菜饭团	С	土豆泥配豆腐丸子	С	照烧豆腐	С	香烤鸡腿配奶油玉米
		Mon.		Tue.		Wed.		Thur.		Fri.
		8		9		10		11		12
Week	A	Sweet&Sour Chicken 菠萝咕咾鸡	A	Taiwanese Fried Chicken 台式盐酥鸡饭	A	Chicken Fried Rice 鸡肉炒饭	A	Deep Fried Fish Filet 椒盐鱼片	A	Crab Salad Sandwich 蟹肉沙拉三明治
2	В	Teriyaki Beef Noodle	В	Spaghetti w/Meat Sauce	В	Bacon Mac&Cheese	В	TW Style Braised Pork	В	Lemon Chicken
	Ľ	<b>胚烧日式牛肉炒面</b>	Ľ	番茄肉酱意面		蘑菇培根通心粉		台式卤肉饭	_	柠檬鸡配米饭
	c	Vegetable Lasagna	c	Veggie Fried Rice	c	Yaki Udon w/Mixed Veggie	С	Stir-Fried Diced Vegetable	С	Chicken Broccoli w/Rice
	Ľ	芝士蔬菜素千层	Ľ	蘑菇时蔬素炒饭	_	日式杂菜炒乌冬(素)	_	皆煙素三丁	_	西藍花炒鸡肉
		Mon.		Tue.	Wed.		Thur.		Fri.	
		15		16		17	_	18		19
								Beef Fried Rice		
Mar ala	А	Chicken Fried Noodle	А	Beef Hot Dog 性時級額	Α	Teriyaki Chicken w/Rice	Α	生肉砂板	Α	Steamed Egg w/Pork
Week	<u> </u>	Chicken Fried Noodle 鸡肉炒面 Chicken Tender & Fries		中内热剂 Mushroom Bacon Pasta	-	Terryaki Chicken w/Rice 服装場 Mash Potato w/Meatball	_	牛肉炒饭 Owner Chicken wilking	_	肉末燕蛋
Week 3	A B	鸡肉炒面 Chicken Tender & Fries	A B	牛肉热狗 Mushroom Bacon Pasta	В	照施鸡 Mash Potato w/Meatball	A B	Orange Chicken w/Rice	В	<u>肉末燕蛋</u> Creamy Ham Carbonara
	В	鸡肉炒面		牛肉熱狗 Mushroom Bacon Pasta 蘑菇培根奶油意面	В	胆能鸡	В		В	肉末燕蛋
	<u> </u>	鸡肉炒面 Chicken Tender & Fries 麦香鸡配薯条 Scrambled Egg w/Tomato		牛肉热狗 Mushroom Bacon Pasta	-	服烧鸡 Mash Potato w/Meatball 土豆泥配牛丸 Vegan Dumplings	_	Orunge Chicken w/Rice 橙汁鸡配米饭 Vegetarian Japchae Noodle	_	<u>肉末蒸蛋</u> Creamy Ham Carbonara <u>白汁奶油火腿</u> 意園 Riceball w/Shreded Pork
	В	鸡肉炒面 Chicken Tender & Fries 麦香鸡配薯条		牛肉熱狗 Mushroom Bacon Pasta 蘑菇培根奶油意面 Stir-Fried Veggie	В	照烧鸡 Mash Potato w/Meatball 土豆泥配牛丸	В	Orange Chicken w/Rice 橙汁鸡配米饭	В	肉末燕蛋 Creamy Ham Carbonara 白汁奶油火腿意面
	В	鸡肉炒面 Chicken Tender & Fries 麦香鸡配薯条 Scrambled Egg w/Tomato 番茄炒蛋  Mon.		牛肉熱狗 Mushroom Bacon Pasta 蘑菇培根奶油意面 Stir-Fried Veggie 地三鲜 Tue.	В	服烧鸡 Mash Potato w/Meatball 土豆泥配牛丸 Vegan Dumplings 全素蒸饺  Wed.	В	Orange Chicken w/Rice 橙汁鸡配米饭 Vegetarian Japchae Noodle 韩式炒杂菜(素) Thur.	В	肉末萬蛋 Creamy Ham Carbonara 白汁奶油火腿意面 Riceball w/Shreded Pork 海苔肉松饭团  Fri.
	В	鸡肉炒面 Chicken Tender & Fries 麦香鸡配薯条 Scrambled Egg w/Tomato 番茄炒蛋  Mon. 22		牛肉熱狗 Mushroom Bacon Pasta 蘑菇培根奶油意面 Stir-Fried Veggie 地三鲜 Tue. 23	В	服烧鸡 Mash Potato w/Meatball 土豆泥配牛丸 Vegan Dumplings 全素蒸饺  Wed. 24	В	Orange Chicken w/Rice 程计鸡配米板 Vegetarian Japchae Noodle 韩式炒杂菜(素) Thur. 25	В	肉末嘉蛋 Creamy Ham Carbonara 白汁奶油火腿意面 Riceball w/Shreded Pork 海苔肉松饭团  Fri. 26
	В	鸡肉炒面 Chicken Tender & Fries 麦香鸡配薯条 Scrambled Egg w/Tomato 番茄炒蛋  Mon.		牛肉熱狗 Mushroom Bacon Pasta 蘑菇培根奶油意面 Stir-Fried Veggie 地三鲜 Tue.	В	服烧鸡 Mash Potato w/Meatball 土豆泥配牛丸 Vegan Dumplings 全素蒸饺  Wed.	В	Orange Chicken w/Rice 橙汁鸡配米饭 Vegetarian Japchae Noodle 韩式炒杂菜(素) Thur.	В	肉末萬蛋 Creamy Ham Carbonara 白汁奶油火腿意面 Riceball w/Shreded Pork 海苔肉松饭团  Fri.
3	B C	鸡肉炒面 Chicken Tender & Fries 麦香鸡尾薯条 Scrambled Egg w/Tornato 番茄炒蛋  Mon. 22 Tuna salad Sandwich	B C	牛肉热狗 Mushroom Bacon Pasta 蘑菇培根奶油意面 Stir-Fried Veggie 地三鲜  Tue. 23 Beef Broccoli w/Rice	B C	服烧鸡 Mash Potato w/Meatball 土豆泥配牛丸 Vegan Dumplings 全家蒸饺  Wed. 24 Kyoto Style Pork Chop	B C	Orange Chicken w/Rice 程计鸡配米板 Vegetarian Japchae Noodle 韩式炒杂菜(素) Thur. 25 Chicken Stick Wrap	B C	内末高蛋 Creamy Ham Carbonara 白汁奶油火腿意面 Riceball w/Shreded Pork 海苔肉松饭团  Fri. 26 Korean Beef Bibimbag
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3 Week	B C A B	鸡肉炒面 Chicken Tender & Fries 麦香鸡尼薯条 Scrambled Egg w/Tomato 番茄炒蛋  Mon. 22 Tuna salad Sandwich 吞拿鱼沙拉三明治 Baked Creese Meat Sauce w/ Rice 芝士肉酱焗意饭 Butter Veggies w/Rice 咖喱黄油炒杂菜  Mon. 29	B C A B	中肉热狗  Mushroom Bacon Pasta 蘑菇培根奶油意面  Stir-Fried Veggie 地三鲜  Tue. 23  Beef Broccoli w/Rice 西蓝花炒牛肉  Spaghetti w/Meat Sauce 番茄肉酱意面  Cheese Stick & Wedges 芝士条配薯条	B C A B	照烧鸡 Mash Potato w/Mearball 土豆泥配牛丸 Vegan Dumplings 全素蒸饺  Wed. 24  Kyoto Style Pork Chop 京都錯扒 Marinated Chicken Leg 香卤鸡腿配米饭 Sweet & Sour Tofu Ball 糖醋豆腐丸子	B C A B	Orange Chicken w/Rice 橙汁鸡配米饭 Vegetarian Japchae Noodle 韩式炒杂菜(素)  Thur. 25 Chicken Stick Wrap 芝士鸡肉卷 BBQ Pork w/Rice 叉烙饭 JP Style Curry Veggie 日式咖喱炒泉菜	B C A B	内末萬蛋 Creamy Ham Carbonara 白汁奶油火腿意画 Riceball w/Shreded Pork 海苔肉松饭团  Fri. 26 Korean Beef Bibimbag 韩式牛肉拌饭 Spaghetti w/Beef Meatbal 番茄牛丸意面 Ham Fried Rice 扬州炒饭
Week	B C A B	鸡肉炒面 Chicken Tender & Fries 麦香鸡尼薯条 Scrambled Egg w/Tomato 香茄炒蛋  Mon. 22 Tuna salad Sandwich 吞拿鱼沙拉三明治 Baked Orecse Meat Sauce w/ Rice 芝士肉酱焗烹饭 Butter Veggies w/Rice 咖喱黄油炒杂菜  Mon.	B C	中肉热狗  Mushroom Bacon Pasta 蘑菇培根奶油意面  Stir-Fried Veggie 地三鲜  Tue. 23  Beef Broccoli w/Rice 西蓝花炒牛肉  Spaghetti w/Moat Sauce 番茄肉酱意面  Cheese Stick & Wedges 芝士条配薯条  Tue. 30	B C	照烧鸡 Mash Potato w/Mearball 土豆泥配牛丸 Vegan Dumplings 全素蒸饺  Wed. 24  Kyoto Style Pork Chop 京都錯扒 Marinated Chicken Leg 香卤鸡腿配米饭 Sweet & Sour Tofu Ball 糖醋豆腐丸子	B C	Orange Chicken w/Rice 橙汁鸡配米饭 Vegetarian Japchae Noodle 韩式炒杂菜(素)  Thur. 25 Chicken Stick Wrap 芝士鸡肉卷 BBQ Pork w/Rice 叉烙饭 JP Style Curry Veggie 日式咖喱炒泉菜	B C A B	内末萬蛋 Creamy Ham Carbonara 白汁奶油火腿意画 Riceball w/Shreded Pork 海苔肉松饭团  Fri. 26 Korean Beef Bibimbag 韩式牛肉拌饭 Spaghetti w/Beef Meatbal 番茄牛丸意面 Ham Fried Rice 扬州炒饭
3 Week	B C A	鸡肉炒面 Chicken Tender & Fries 麦香鸡尼薯条 Scrambled Egg w/Tomato 香茄炒蛋  Mon. 22 Tuna salad Sandwich 吞拿鱼沙拉三明泊 Baked Oreese Meat Sauce w/ Rice 芝士肉酱焗烹饭 Butter Veggies w/Rice 咖喱黄油炒杂菜  Mon. 29 Grilled Chicken w/Rice	B C A B	中肉热狗 Mushroom Bacon Pasta 蘑菇培根奶油意面 Stir-Fried Veggie 地三鲜  Tue. 23 Beef Broccoli w/Rice 西蓝花炒牛肉 Spaghetti w/Meat Sauce 番茄肉酱意面 Cheese Stick & Wedges 芝士条配薯条  Tue. 30  National Day for	B C A B	照烧鸡 Mash Potato w/Mearball 土豆泥配牛丸 Vegan Dumplings 全素蒸饺  Wed. 24  Kyoto Style Pork Chop 京都錯扒 Marinated Chicken Leg 香卤鸡腿配米饭 Sweet & Sour Tofu Ball 糖醋豆腐丸子	B C A	Orange Chicken w/Rice 橙汁鸡配米饭 Vegetarian Japchae Noodle 韩式炒杂菜(素)  Thur. 25 Chicken Stick Wrap 芝士鸡肉卷 BBQ Pork w/Rice 叉烙饭 JP Style Curry Veggie 日式咖喱炒泉菜	B C A	内末萬蛋 Creamy Ham Carbonara 白汁奶油火腿意画 Riceball w/Shreded Pork 海苔肉松饭团  Fri. 26 Korean Beef Bibimbag 韩式牛肉拌饭 Spaghetti w/Beef Meatbal 番茄牛丸意面 Ham Fried Rice 扬州炒饭
Week 4	B C A B	鸡肉炒面 Chicken Tender & Fries 麦香鸡尼薯条 Scrambled Egg w/Tomato 番茄炒蛋  Mon. 22 Tuna salad Sandwich 吞拿鱼沙拉三明治 Bated Creese Meat Sasse w/ Rice 芝士肉酱焗烹饭 Butter Veggies w/Rice 咖喱黄油炒杂菜  Mon. 29 Grilled Chicken w/Rice 香烤鸡胸配米饭	B C A B	中肉热狗  Mushroom Bacon Pasta 蘑菇培根奶油意面  Stir-Fried Veggie 地三鲜  Tue. 23  Beef Broccoli w/Rice 西蓝花炒牛肉  Spaghetti w/Moat Sauce 番茄肉酱意面  Cheese Stick & Wedges 芝士条配薯条  Tue. 30	B C A B	照烧鸡 Mash Potato w/Mearball 土豆泥配牛丸 Vegan Dumplings 全素蒸饺  Wed. 24  Kyoto Style Pork Chop 京都錯扒 Marinated Chicken Leg 香卤鸡腿配米饭 Sweet & Sour Tofu Ball 糖醋豆腐丸子	B C A B	Orange Chicken w/Rice 橙汁鸡配米饭 Vegetarian Japchae Noodle 韩式炒杂菜(素)  Thur. 25 Chicken Stick Wrap 芝士鸡肉卷 BBQ Pork w/Rice 叉烙饭 JP Style Curry Veggie 日式咖喱炒泉菜	B C A B	内末萬蛋 Creamy Ham Carbonara 白汁奶油火腿意画 Riceball w/Shreded Pork 海苔肉松饭团  Fri. 26 Korean Beef Bibimbag 韩式牛肉拌饭 Spaghetti w/Beef Meatbal 番茄牛丸意面 Ham Fried Rice 扬州炒饭

Lunch served with seasonal vegetable and rice (except for noodle & fried rice item).



# BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

study@sd38.bc.ca

604-668-6217



## GENERATIONS HOMEWORK

Charity number: 13940 7670 RR0001







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EVERY THURS
3:30-5:00PM

OCT 2025 - MAY 2026

RICHMOND LIBRARY BRIGHOUSE

#### **WHO ARE WE**

The Generations Homework Club is a **mentorship program** that builds up students' **social skills, self-esteem, and confidence** while helping with their homework.

- One-to-one tutor support
- Interactive activities
- Educational games
- Foster meaningful relationships



OPEN FOR REGISTRATION









