



McKay's Week-At-A-Glance (WAAG): March 31st – April 4th



Hello McKay Families!

After another eventful week at McKay, we have arrived at Spring Break!

This week we had a presentation from the BC Lions about ways we can conserve energy... students are invited (with parent permission) to sign up for the Lions Kids Club, if you choose:

https://tradablebits.com/tb_app/471810

For these next two weeks I hope that you can use this pause from school routines to rest, recharge, and have time with family and friends. We look forward to welcoming you back to school on Monday March 31!

Have a wonderful Spring Break! ☺

Highlights For Next Week Include:

Monday Mar. 31 st	<ul style="list-style-type: none"> School Wide Teams focused on Celebrating Reading!
Tuesday Apr. 1 st	
Wednesday Apr. 2 nd	<ul style="list-style-type: none"> Squash in Schools for Divisions 1-7 (introductory squash lessons during PHE)
Thursday Apr. 3 rd	
Friday Apr. 4 th	<ul style="list-style-type: none"> Order by 11:59pm tonight on https://munchalunch.com/schools/mckay/ for Taco Luis hot lunch next Friday

Important Dates and Special Events:

Fri	Apr 18	Good Friday No School in session
Mon	Apr 21	Easter Monday No School in session
Fri	Apr 25	Term 2 Written Learning Updates published to MyEd

**VERY IMPORTANT REMINDER FROM THE
OFFICE.....**

**If your child will be absent or late for school please inform
the office directly by calling the early
warning line as soon as possible at 604.668.6572.**

Significant Dates in our Community

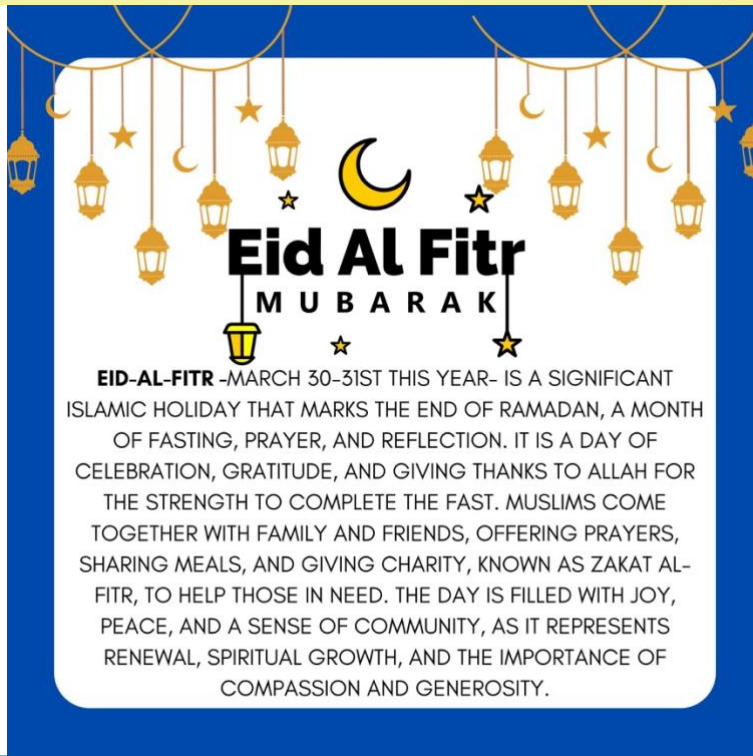


April is Autism Awareness Month;
Condemnation & Prevention Month; Genocide Remembrance;
Sikh Heritage Month

World Autism Awareness Day: Apr. 2
Ram Navami: Apr. 6



SIKH HERITAGE
MONTH



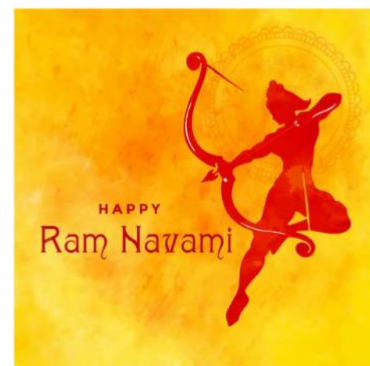
Eid Al Fitr MUBARAK

EID-AL-FITR -MARCH 30-31ST THIS YEAR- IS A SIGNIFICANT ISLAMIC HOLIDAY THAT MARKS THE END OF RAMADAN, A MONTH OF FASTING, PRAYER, AND REFLECTION. IT IS A DAY OF CELEBRATION, GRATITUDE, AND GIVING THANKS TO ALLAH FOR THE STRENGTH TO COMPLETE THE FAST. MUSLIMS COME TOGETHER WITH FAMILY AND FRIENDS, OFFERING PRAYERS, SHARING MEALS, AND GIVING CHARITY, KNOWN AS ZAKAT AL-FITR, TO HELP THOSE IN NEED. THE DAY IS FILLED WITH JOY, PEACE, AND A SENSE OF COMMUNITY, AS IT REPRESENTS RENEWAL, SPIRITUAL GROWTH, AND THE IMPORTANCE OF COMPASSION AND GENEROSITY.



WORLD AUTISM DAY, OBSERVED ON **APRIL 2ND**, AIMS TO INCREASE UNDERSTANDING AND ACCEPTANCE OF INDIVIDUALS WITH AUTISM SPECTRUM DISORDER. THIS DAY HIGHLIGHTS THE UNIQUE CHALLENGES FACED BY THOSE ON THE SPECTRUM AND PROMOTES A MORE INCLUSIVE SOCIETY. IT ENCOURAGES AWARENESS, EMPATHY, AND THE CELEBRATION OF NEURODIVERSITY, FOSTERING A WORLD WHERE EVERYONE IS VALUED FOR WHO THEY ARE.

RAM NAVAMI OBSERVED ON **APRIL 6TH**, MARKS THE BIRTH OF LORD RAMA, AN INCARNATION OF LORD VISHNU AND A SYMBOL OF VIRTUE, RIGHTEOUSNESS, AND DHARMA. OBSERVED WITH DEVOTION AND ENTHUSIASM, THIS DAY INSPIRES REFLECTION ON THE TIMELESS VALUES OF TRUTH, JUSTICE, AND COMPASSION. IT ENCOURAGES INDIVIDUALS TO UPHOLD MORAL INTEGRITY, PROMOTE HARMONY, AND STRENGTHEN SPIRITUAL CONNECTIONS WITHIN COMMUNITIES.



Dress for the weather!

Students will go outside for recess and lunchtime play in all weather. Rain gear, layers, and extra clothing are helpful to stay comfortable!



Warm gear



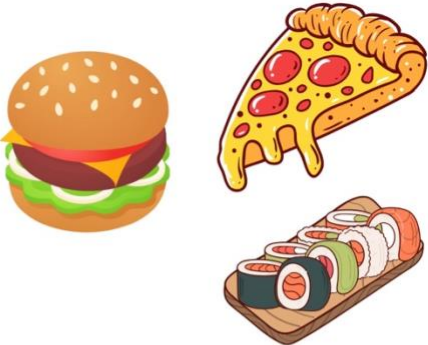
Rain gear



Extra clothes



PAC Hot Lunch Days



Order here:

<https://munchalunch.com/schools/mckay/>

Hot Lunch Days

Order By	Vendor	Lunch Date
Fri Jan 10 at 11:59pm	Triple O	Fri Jan 17
Fri Feb 14 at 11:59pm	Fresh Slice Pizza	Fri Feb 21
Fri Apr 4 at 11:59pm	Taco Luis	Fri Apr 11
Fri May 16 at 11:59pm	Sushi Lovers	Fri May 23
Fri Jun 6 at 11:59pm	Fresh Slice Pizza	Fri Jun 13

10 March 2025


Dear Student, Parents, Guardians and Staff

Re: Reminder to get your vaccinations updated. Measles is on the rise globally and pertussis (whooping cough) is making a comeback locally.

We would like to remind you to check your family's vaccination records and update your vaccinations as needed. Measles cases are being reported around the world. Please get your measles immunizations up to date, particularly if you are planning on travelling for Spring break. Two doses of measles containing vaccine are needed for everyone born 1970 or later. Children are usually offered these vaccines at 12 months of age and kindergarten entry. While most school age children are immunized, some may have missed their first or second dose during the pandemic. Infants travelling to high-risk areas can get a dose starting at 6 months. Those born before 1970 are considered protected but you may receive one dose if you do not recall a history of measles infection and are travelling to an area with active transmission.

Please also ensure that your family's pertussis immunizations are up to date. Pertussis is a bacterial infection of the lungs that is making a return. While people of any age can get ill, young children who have not been immunized get sicker than older children and adults. Children are offered pertussis-containing vaccines at 2, 4, 6, 18 months, 4-6 years, and in grade 9. Pertussis immunization is also recommended during pregnancy for the protection of newborns.

Adults can be immunized by their family doctor or pharmacist ([Measles, Mumps and Rubella \(MMR\) Vaccines | BC Pharmacy Association](#)). If you are unsure if your child is fully protected against measles, pertussis or other vaccine preventable diseases, please visit [BC Health Gateway](#) or scan this QR code to book an appointment:

<p>To check immunization records, visit Health Gateway, or scan this QR code.</p>	<p>Check a Record.</p> 	<p>To book an appointment to update your child's immunization, visit https://www.vch.ca/en/service/immunization-clinics or scan this QR code to find the closest public health clinic (for infants and children) or pharmacy (for ages 4 years and older).</p>	<p>Book an Appointment</p> 
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If you have immunization records for you or your child that are not recorded in Health Gateway profile, please submit these online to immunizationrecord.gov.bc.ca.

Sincerely,



Dr. Meena Dawar
Medical Health Officer
Vancouver Coastal Health

FESTIVAL CULTUREL FRANCOPHONE

📍 **ÉCOLE SECONDAIRE MCROBERTS**
8980 Williams Road, Richmond

📅 **LE 10 AVRIL 2025, 5:00 - 8:00 PM**

**RSVP BEFORE
FRIDAY, APRIL 4TH**

CLICK HERE



The Richmond School District is excited to host its third annual Festival Culturel Francophone. This event is open to everyone, regardless of age, background, or French language proficiency. Join us to celebrate, connect with others, and explore la francophonie! Admission is free, so be sure to bring your friends and family along.



ACTIVITIES

- ✓ MALICOUNDA DRUMMING
- ✓ LOCO BEAT AFRO DANCE
- ✓ PHOTO BOOTH
- ✓ CRÊPE WORKSHOP
- ✓ FOOD TRUCKS
- ✓ LIVE MUSIC AND MORE



FREE ENTRANCE

CANADIAN PARENTS FOR FRENCH
CONCOURS d'art oratoire
Canada's French Public Speaking Contest™



Students in grades 6-12 who have advanced to the District level competition will compete for a chance to participate in the provincial concours, hosted annually by Canadian Parents for French. This competition is designed to help students strengthen their French oral communication skills and to build their self-confidence.

[Click here for more information.](#)

ENTRÉE GRATUITE

**AVEZ-VOUS DES
QUESTIONS?**



Kristine Canas:
kcanas@sd38.bc.ca

Linda Chau:
lchau@sd38.bc.ca



S.U.C.C.E.S.S.

風雨同路華語家長互助小組

CHINESE PARENTS SUPPORT GROUP



ZOOM

10:00 A.M. - 11:30 A.M.

歡迎6-19歲青少年子女家長參加 學習及交流養育子女的心得

每月第2個及第4個星期三 (2024年9月至2025年6月) 普通話 | 費用全免

家庭及青少年輔導部：CAROL SIU | 604-335-2832 | CAROL.SIU@SUCCESS.BC.CA



FAMILY AND COMMUNITY SERVICES – GROUP PROGRAM
Chinese Parent Support Group 風雨同路家長互助小組
2024 – 2025 GROUP ACTIVITIES SCHEDULE 活動計劃

DATE	ACTIVITIES
September 11	Welcome back orientation 歡迎歸隊 – 活動計劃介紹
September 25	Understand puberty 理解孩子的青春期
October 9	What's the difference between parents' generation and children's one? 理解家長和孩子的隔代的差異
October 23	How to understand the relationship between children and games? 如何理解孩子和遊戲的關係?
November 6	How to improve children's social skills? 如何提高孩子的社交技巧
November 20	How to increase children's self-confidence? 如何提高孩子的自信心
December 4	How to improve children's resilience? 如何提高孩子的承受挫敗的能力
January 8	How to handle children's puppy love? 如何回應孩子的早戀
January 22	How to guide children to identify the quality of a relationship? 如何教導孩子分辨關係品質
February 5	How to address conflicts between parents and children? 如何處理家長和孩子之間的矛盾
February 19	How to manage anxiety as a parent? 父母該如何管理自己的焦慮
March 5	How to support children when they are bullied at school? 如何應對校園欺凌
March 19	How to help children to handle cyber-bully? 如何說明孩子應對網路暴力
April 2	Anger management for parents. 家長的憤怒管理能力
April 16	How to handle children's anger? 如何應對孩子的憤怒
May 7	How to praise and encourage children? 如何表揚和鼓勵孩子
May 21	How to make children be more willing to listen to you? 如何讓孩子更願意聽你的話?
June 4	How to do when you have different parenting opinions with your partner? 當你和你的配偶有不同的育兒意見時該怎麼辦
June 18	Year End Gathering 年終聚會



BECOME HOMESTAY at the RICHMOND SCHOOL DISTRICT

Be a host for an international student for a month, semester or year. Richmond International Education (RIE) Homestay Program is looking for local families to offer a welcoming home.

Contact us to find out more about this enriching opportunity.

study@sd38.bc.ca

604-668-6217



RICHMOND
INTERNATIONAL EDUCATION
ENRICHING GLOBAL MINDS