



McKay's Week-At-A-Glance (WAAG): March 10th – March 14th

Hello McKay Families!

We are now approaching our final week before Spring Break, and we want to recognize all the growth, success, and hard work we have seen at McKay throughout Term 2! This week our basketball teams played in the Burnett tournament, and it was wonderful to see the excitement and enthusiasm amongst the players and spectators. Thank you to our coaches Ms. Dong, Mrs. Gale, Ms. Lam, and Ms. Stevenson for sharing tremendous dedication and energy towards our teams!

We also welcomed some animal ambassadors at McKay this week, who helped several of our classes learn about animal characteristics and adaptations. Our staff are always creating and planning meaningful and engaging learning experiences for our students.

And finally, thank you to our PAC for supporting another awesome dance program at McKay. Dance instructor Jhaymee from the Jess Dance Company worked with all of our students and teachers to help us learn Hip Hop and Breaking moves and routines. Dance and movement are a part of the PHE curriculum for every grade, and it was wonderful to see our students try something new, challenge themselves, and shine! Thank you to the families who joined us for our afternoon performance on Friday 😊

We hope that everyone has a wonderful week ahead!

Highlights For Next Week Include:

Monday Mar. 10 th	
Tuesday Mar. 11 th	<ul style="list-style-type: none"> • PAC Meeting 7:15 pm on Zoom- link will be emailed
Wednesday Mar. 12 th	
Thursday Mar. 13 th	<ul style="list-style-type: none"> • BC Lions Energy Champions presentation @ 1pm
Friday Mar. 14 th	<ul style="list-style-type: none"> • Last day of classes before Spring Break

portant Dates and Special Events:

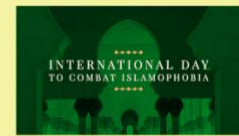
Mon	Mar 31	School Reopens after Spring Break
Wed	Apr 2	Squash in Schools Divs 1-7
Fri	Apr 18	Good Friday No School in session
Mon	Apr 21	Easter Monday No School in session
Fri	Apr 25	Term 2 Written Learning Updates published to MyEd

VERY IMPORTANT REMINDER FROM THE OFFICE.....

If your child will be absent or late for school please inform the office directly by calling the early warning line as soon as possible at 604.668.6572.

Significant Dates in our Community

March is Irish Heritage Month



Purim: Mar. 13-14

Holi: Mar. 14

Hola Mohalia: Mar. 14-16

International Day to Combat Islamophobia: Mar. 15



HOLI IS A COLOURFUL AND LIVELY FESTIVAL CELEBRATED IN INDIA ON **MARCH 14** AND OTHER PARTS OF THE WORLD, MARKING THE ARRIVAL OF SPRING. KNOWN AS THE FESTIVAL OF COLORS, PEOPLE CELEBRATE BY THROWING VIBRANT POWDERS, DANCING, AND ENJOYING DELICIOUS FOOD. HOLI SYMBOLIZES THE VICTORY OF GOOD OVER EVIL AND IS A TIME FOR PEOPLE TO COME TOGETHER, FORGIVE PAST WRONGS, AND CELEBRATE UNITY.



PURIM IS A JOYFUL JEWISH HOLIDAY THAT TAKES PLACE FROM **MARCH 13-14** CELEBRATES THE STORY OF QUEEN ESTHER, WHO SAVED THE JEWISH PEOPLE FROM A PLOT TO DESTROY THEM. IT'S A TIME FOR COSTUMES, FEASTING, AND GIVING GIFTS TO FRIENDS AND THOSE IN NEED. PURIM REMINDS US OF THE POWER OF COURAGE, UNITY, AND STANDING UP FOR WHAT'S RIGHT.

HOLA MOHALLA IS A SIKH FESTIVAL CELEBRATED IN PUNJAB, INDIA, SHORTLY AFTER HOLI FROM **MARCH 14-16**. IT'S A TIME FOR SHOWCASING BRAVERY, STRENGTH, AND UNITY THROUGH MARTIAL ARTS, PARADES, AND VIBRANT DISPLAYS OF SKILL. THE FESTIVAL WAS STARTED BY GURU GOBIND SINGH TO HONOR THE SIKH TRADITION OF COURAGE AND SELFLESSNESS. HOLA MOHALLA IS A CELEBRATION OF FAITH, COMMUNITY, AND THE SPIRIT OF TOGETHERNESS.



INTERNATIONAL
DAY TO
COMBAT
ISLAMOPHOBIA

15 MARCH 2023



INTERNATIONAL DAY TO COMBAT ISLAMOPHOBIA, OBSERVED ON **MARCH 15TH**, AIMS TO RAISE AWARENESS ABOUT THE HARMFUL IMPACT OF ISLAMOPHOBIA AND PROMOTE UNDERSTANDING AND RESPECT FOR MUSLIM COMMUNITIES. THIS DAY ENCOURAGES REFLECTION ON THE IMPORTANCE OF FIGHTING PREJUDICE, DISCRIMINATION, AND HATE BASED ON RELIGION. IT'S AN OPPORTUNITY TO STAND UP FOR EQUALITY, PROMOTE PEACE, AND CELEBRATE THE DIVERSITY THAT MAKES OUR WORLD STRONGER.

Dress for the weather!

Students will go outside for recess and lunchtime play in all weather. Rain gear, layers, and extra clothing are helpful to stay comfortable!



Warm gear



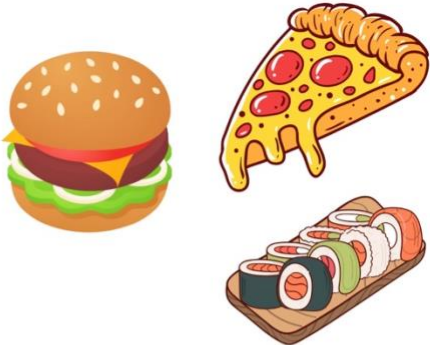
Rain gear



Extra clothes



PAC Hot Lunch Days



Order here:

<https://munchalunch.com/schools/mckay/>

Hot Lunch Days

Order By	Vendor	Lunch Date
Fri Jan 10 at 11:59pm	Triple O	Fri Jan 17
Fri Feb 14 at 11:59pm	Fresh Slice Pizza	Fri Feb 21
Fri Apr 4 at 11:59pm	Taco Luis	Fri Apr 11
Fri May 16 at 11:59pm	Sushi Lovers	Fri May 23
Fri Jun 6 at 11:59pm	Fresh Slice Pizza	Fri Jun 13

What to Say to Kids & Teens When Nothing Seems to Work



Wednesday, Mar 12th, 2025

10:00 - 11:30 am

TO REGISTER



CLICK HERE



SWIS

RICHMOND SCHOOL DISTRICT
Settlement Workers
In Schools

IN PARTNERSHIP WITH **FAMILYSMART.CA**

Please join us on our video presentation from Dr. Ashley Miller, a Child and Adolescent Psychiatrist, Family Therapist & Clinical Associate Professor of Psychiatry at the University of British Columbia. Dr. Miller will share quick and effective strategies to help your child and you weather difficult moments in a way that strengthens resilience and relationships. **(English and Chinese)**

歡迎加入阿什利·米勒 (Ashley Miller) 博士的现场演示和问答，阿什利·米勒博士是不列颠哥伦比亚大学儿童和青少年精神病学家、家庭治疗师和精神病学临床副教授。米勒博士将分享快速有效的策略，帮助您和您的孩子以增强韧性和人际关系的方式度过困难时刻。阿什利·米勒博士喜欢每天与儿童、青少年和家庭一起工作，帮助他们重新发挥自己的优势以及彼此之间的联系。