



## McKay's Week-At-A-Glance (WAAG): February 17<sup>th</sup> - February 21<sup>st</sup>

### Hello McKay Families!

With the Family Day long weekend, we hope that all families will have a chance to pause, and reconnect with each other around joyful family activities.

This week ahead, we have early dismissal for our Term 2 Informal Learning Updates- conferences. Most classes are having student-led conferences, and these are an opportunity to see your children take pride in their learning, explaining in their words what they have learned, and their plans for continued growth. This is also a time when teachers provide an update on your child's progress in literacy, numeracy, and social emotional development. We hope that you are all able to attend!

Enjoy your long weekend 😊

### **Highlights For Next Week Include:**

<b>Monday</b> Feb. 17 <sup>th</sup>	<ul style="list-style-type: none"> <li>• <b>Family Day Holiday No School in Session</b></li> </ul>
<b>Tuesday</b> Feb. 18 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Scholastic Book Fair</li> <li>• Boys' Basketball Game vs. Brighthouse- 3:00 p.m. @ home</li> </ul>
<b>Wednesday</b> Feb. 19 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Scholastic Book Fair</li> <li>• <b>Early dismissal for conferences at 1:45pm</b></li> </ul>
<b>Thursday</b> Feb. 20 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Scholastic Book Fair</li> <li>• <b>Early dismissal for conferences at 1:45pm</b></li> </ul>
<b>Friday</b> Feb. 21 <sup>st</sup>	<ul style="list-style-type: none"> <li>• Scholastic Book Fair</li> <li>• PAC Hot lunch</li> </ul>

### **Upcoming Important Dates and Special Events:**

Feb 18-24	Scholastic Book Fair
March 3-7	Dance Program for the whole school
Thurs March 13	BC Lions Energy Champions presentation @ 1pm
Fri Mar 14	Last Day Before Spring Break
Mon Mar 31	School Reopens after Spring Break
Wed Apr 2	Squash in Schools Divs 1-7
Fri Apr 18	Good Friday <b>No School in session</b>
Mon Apr 21	Easter Monday <b>No School in session</b>
Fri Apr 25	Term 2 Written Learning Updates published to MyEd

# VERY IMPORTANT REMINDER FROM THE OFFICE.....

If your child will be absent or late for school please inform the office directly by calling the early warning line as soon as possible at 604.668.6572.

## Significant Dates in our Community



### February is Black History Month

Nirvana Day: Feb. 15

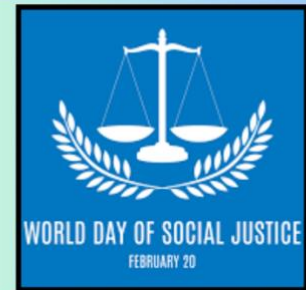
Family Day: Feb. 17

World Day of Social Justice: Feb. 20

International Mother Language Day: Feb. 21



International Mother Language Day, observed annually on February 21, is a UNESCO initiative that promotes linguistic diversity and the preservation of mother tongues worldwide. Established in 1999 and first celebrated in 2000, it honors the importance of multilingualism in education, cultural identity, and social inclusion. The day also commemorates the 1952 Bengali Language Movement in Bangladesh, where students sacrificed their lives advocating for their right to use their mother language. Across the world, events, discussions, and cultural programs emphasize the need to protect endangered languages and foster appreciation for linguistic heritage.



World Day of Social Justice, observed annually on February 20, is a United Nations initiative that promotes efforts to address poverty, inequality, and social exclusion worldwide. It highlights the importance of fair opportunities, human rights, and social protections for all, regardless of gender, race, or economic status. The day serves as a call to action for governments, organizations, and individuals to work toward inclusive development, fair labor conditions, and justice for marginalized communities. Various events, discussions, and campaigns take place globally to advocate for a more just and equitable world.



## NIRVANA DAY

Nirvana Day, also known as Parinirvana Day, is a Buddhist observance held on February 8 or 15 (depending on tradition) to commemorate the Buddha's passing into final Nirvana after his death. It is a day for reflection on impermanence, enlightenment, and the cycle of birth and rebirth. The day is widely observed in countries with strong Buddhist traditions, including Japan, China, Vietnam, Thailand, Sri Lanka, Myanmar, and Tibet, as well as by Buddhist communities in the UK, the US, Canada, and Australia. Observances often include meditation, chanting, temple visits, and readings from the Parinirvana Sutra, which describes the Buddha's final moments. Many also engage in acts of kindness and charity, honoring the Buddha's teachings on compassion and detachment from suffering.

# Dress for the weather!

Students will go outside for recess and lunchtime play in all weather. Rain gear, layers, and extra clothing are helpful to stay comfortable!



Warm gear



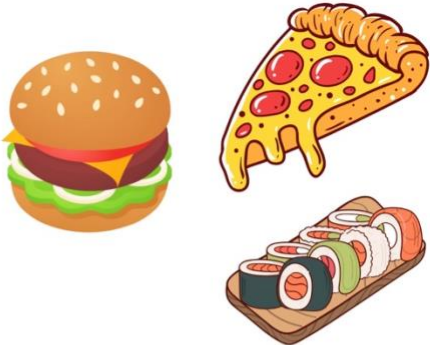
Rain gear



Extra clothes



## PAC Hot Lunch Days

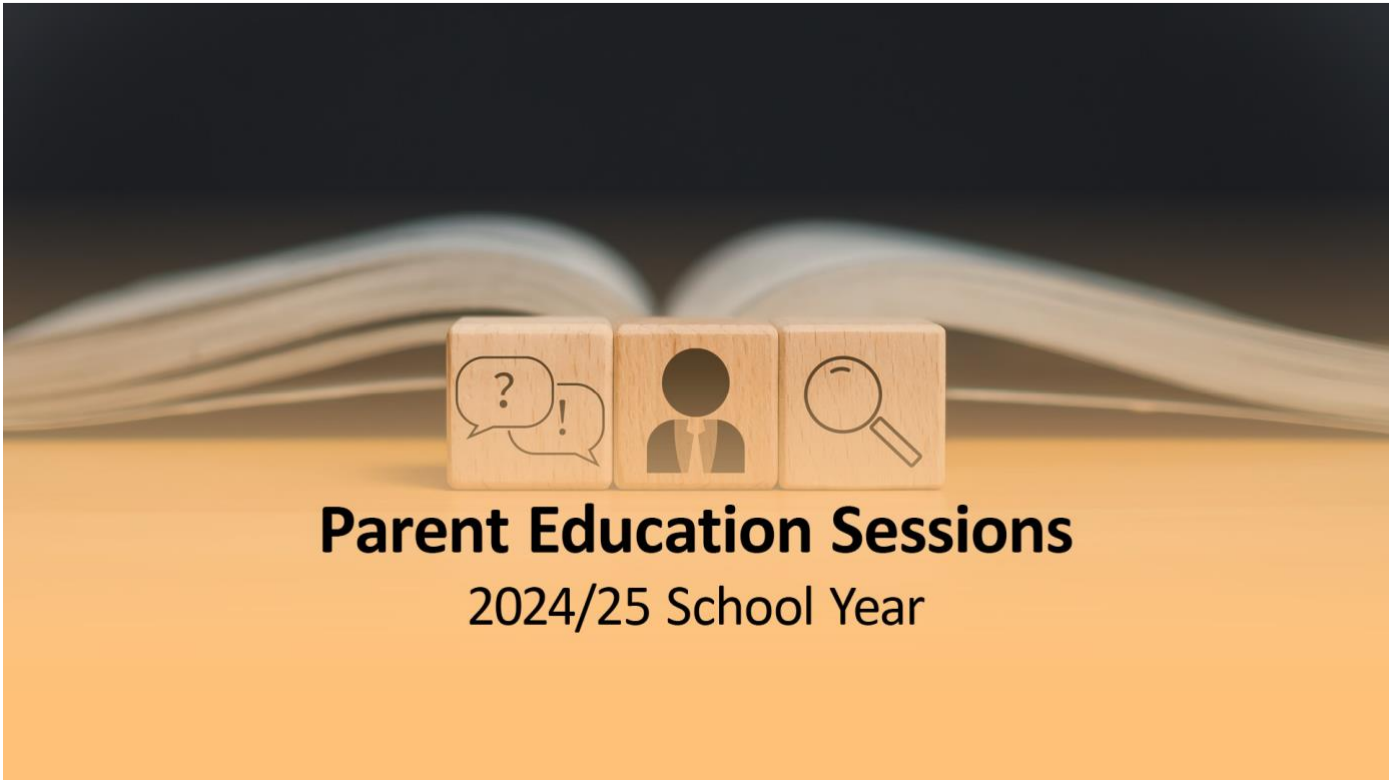


Order here:

<https://munchalunch.com/schools/mckay/>

### Hot Lunch Days

Order By	Vendor	Lunch Date
Fri Jan 10 at 11:59pm	Triple O	Fri Jan 17
Fri Feb 14 at 11:59pm	Fresh Slice Pizza	Fri Feb 21
Fri Apr 4 at 11:59pm	Taco Luis	Fri Apr 11
Fri May 16 at 11:59pm	Sushi Lovers	Fri May 23
Fri Jun 6 at 11:59pm	Fresh Slice Pizza	Fri Jun 13



Click [here](#) or on the above banner for information about the free, virtual Parent Education Sessions offered by the Richmond School District this year.

# SUBSTANCE USE PREVENTION: MENTAL HEALTH & DECISION-MAKING

A **COMPLIMENTARY WEBINAR** FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading **adolescent Clinical Psychologist Dr. Hayley Watson** for an online event that aims to help parents, guardians and caregivers gain a **deeper understanding** of substance use prevention and learn **practical tools** for supporting youth mental health.



## Key Takeaways:

- ✔ Learn the factors that contribute to youth mental health/substance use
- 🧠 Understand the skills that youth need to overcome these needs
- 🧠 Acquire practical tools for empowering your child and youth to make positive choices
- 🧠 Increase your ability to support your own mental health

**Time:** 6–7:30pm PST  
**Date:** 20th, 25th, 26th Feb 2025

Scan the QR  
Code to Register



**REGISTER NOW**

# Need dental insurance?

If your children don't have dental insurance, they may be eligible for dental benefits.



**NEW**

## Canadian Dental Care Plan

Eligibility:

- ✓ Do not have access to dental insurance
- ✓ Have an adjusted family net income of **less than \$90,000**
- ✓ Be a Canadian resident for tax purposes
- ✓ Have filed your tax return in the previous year
- ✓ Children must be **under 18 years old**

*If your child has dental insurance through a provincial, territorial or federal government social program, **they can still qualify** for the Canadian Dental Care Plan*



Scan here for more info and how to apply!

## BC Healthy Kids Program

Eligibility:

- ✓ Must be eligible for Medical Services Plan (MSP) Supplementary Benefits
- ✓ Have an adjusted family net income of **\$42,000 or less**
- ✓ Children must be **under 19 years old**



Scan here for more info and how to apply!

Visit [www.vch.ca/dentalhealth](http://www.vch.ca/dentalhealth) for dental health services and resources.

## Who is Eligible?

Children are eligible for coverage if they are:

- a) more than 6 months old;
- b) less than 27 years old; and
- c) live in Canada, except the province of Quebec.

If a child is 14 years old or older at any time during the Coverage Period, they must be a full-time student within the 12 months prior to any claim. We define a full-time student as being enrolled in a minimum of 3 courses at the same time, during any 4-month period.

If you have children enrolled in different schools or school boards, they may all be insured under one policy.

# STUDENT ACCIDENT INSURANCE

## Financial Protection for your family in case of accidents



**Full Year of  
Coverage**



📞 1.800.463.5437

🌐 [www.INSUREMYKIDS.COM](http://www.INSUREMYKIDS.COM)

Underwritten by Old Republic Insurance Company of Canada. Please visit [insuremykids.com](http://insuremykids.com) for detailed information on coverages, conditions, limitations and exclusions.

🌟 OLD REPUBLIC INSURANCE COMPANY OF CANADA

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my kids** 

[insuremykids.com](http://insuremykids.com)

# Richmond Board of Education Strategic Plan 2025–2030



*Shaping the Next Five Years, Together.*



Scan to learn more and find  
out how you can get involved

  | [sd38.bc.ca/strategicplan](https://sd38.bc.ca/strategicplan)

**RICHMOND**  
SCHOOL DISTRICT NO. 38