



McKay's Week-At-A-Glance (WAAG): February 10th - February 14th

Hello McKay Families!

We had a cold and snowy week at school! We remind our students to dress warmly (and actually wear the coats they brought from home!) and to play safely and kindly in the snow. This cold weather is going to continue into the week ahead... everyone please take extra care in our parking lot, and on the icy spots around our school.

Our basketball teams had games this week, and we are proud of them for working hard at their practices to learn new skills, and for working hard to develop their teamwork.

Our Div 1 & 2 bands represented McKay well at the Sockeyes game... it was fun to be out in the community as a McKay group of students and families, and our bands sounded fantastic!

Please note in the week ahead that our PAC meeting is cancelled for this month, and that there is no school on Friday for a district-wide Pro D Day.

Have a great weekend!

Highlights For Next Week Include:

Monday Feb. 10 th	<ul style="list-style-type: none"> • Girls' Basketball Game – away @ Ferris – 3:00 p.m. – 4:30 p.m. •
Tuesday Feb. 11 th	<ul style="list-style-type: none"> • Boys' Basketball Game vs. Spul'u'kwuks - 3:00 p.m. – 4:30 p.m. • PAC Meeting CANCELLED- Next meeting Tuesday, March 11th.
Wednesday Feb. 12 th	<ul style="list-style-type: none"> • Boys' Basketball Game – away @ Blair – 3:00 p.m. – 4:30 p.m.
Thursday Feb. 13 th	<ul style="list-style-type: none"> • Girls' Basketball Game – away @ Blair – 3:00 p.m. – 4:30 p.m.
Friday Feb. 14 th	<ul style="list-style-type: none"> • Pro D Day – No School in Session

Upcoming Important Dates and Special Events:

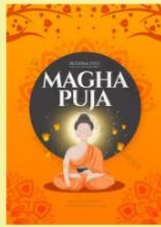
Mon Feb 17	Family Day Holiday No School in session
Wed Feb 19	Informal Learning Update (Conferences) Early Dismissal @ 1:45pm
Thurs Feb 20	Informal Learning Update (Conferences) Early Dismissal @ 1:45pm
Feb 18-24	Scholastic Book Fair
March 3-7	Dance Program for the whole school
Thurs March 13	BC Lions Energy Champions presentation @ 1pm
Fri Mar 14	Last Day Before Spring Break

Mon	Mar 31	School Reopens after Spring Break
Wed	Apr 2	Squash in Schools Divs 1-7
Fri	Apr 18	Good Friday No School in session
Mon	Apr 21	Easter Monday No School in session
Fri	Apr 25	Term 2 Written Learning Updates published to MyEd

**VERY IMPORTANT REMINDER FROM THE
OFFICE.....**

**If your child will be absent or late for school please inform
the office directly by calling the early
warning line as soon as possible at 604.668.6572.**

Significant Dates in our Community

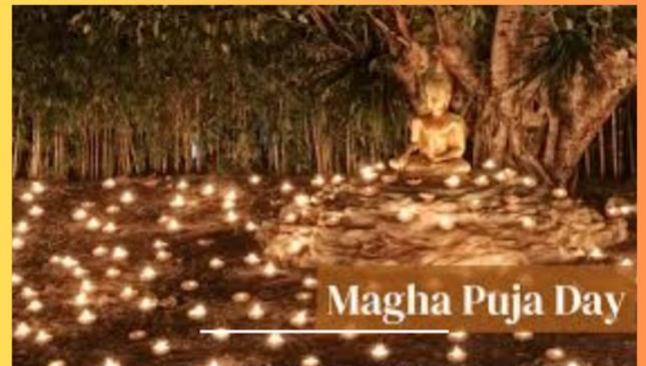


February is Black History Month

Lantern Festival: Feb. 12
Magha Puja Day: Feb. 12
Valentine's Day: Feb. 14



The Lantern Festival is a vibrant celebration observed across various Asian cultures, marking the first full moon of the lunar new year. Celebrated in China, Taiwan, Hong Kong, Vietnam (as Tết Nguyên Tiêu), South Korea (as Jeongwol Daeboreum), and parts of Southeast Asia, the festival symbolizes light, renewal, and hope. People illuminate the night with lanterns—floating them in the sky, on water, or carrying them in processions—while engaging in traditions like solving lantern riddles, eating symbolic foods such as tangyuan (glutinous rice balls) or red bean rice, and enjoying cultural performances like dragon and lion dances. The festival fosters unity, prosperity, and spiritual well-being across diverse communities.



Magha Puja, also known as Sangha Day, is an important Buddhist festival celebrated on the full moon day of the third lunar month (usually in February or March). It commemorates a significant gathering of 1,250 enlightened monks who assembled spontaneously to hear the Buddha deliver the Ovada Patimokkha, a fundamental teaching emphasizing morality, meditation, and wisdom. The day is marked by merit-making activities, chanting, meditation, and candlelight processions, symbolizing devotion and unity within the Buddhist community. It is especially significant in Thailand, Cambodia, Laos, and Myanmar.



Valentine's Day, celebrated on February 14, is a global holiday dedicated to love and affection. Originating from ancient Roman and Christian traditions, it has evolved into a day for expressing love through gifts, flowers, chocolates, and heartfelt messages. While commonly associated with romantic relationships, many also celebrate friendships and familial bonds. Traditions vary worldwide, with some cultures focusing on gift exchanges, while others emphasize gestures of appreciation. Despite its commercialization, Valentine's Day remains a meaningful occasion for people to express love and connection in personal and cultural ways.

Dress for the weather!

Students will go outside for recess and lunchtime play in all weather. Rain gear, layers, and extra clothing are helpful to stay comfortable!



Warm gear



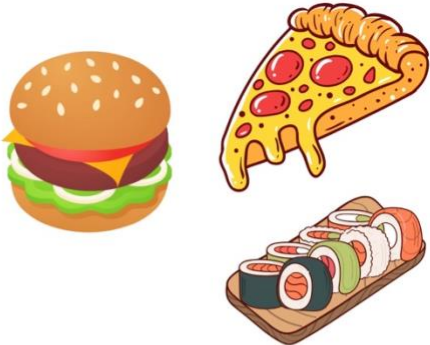
Rain gear



Extra clothes



PAC Hot Lunch Days

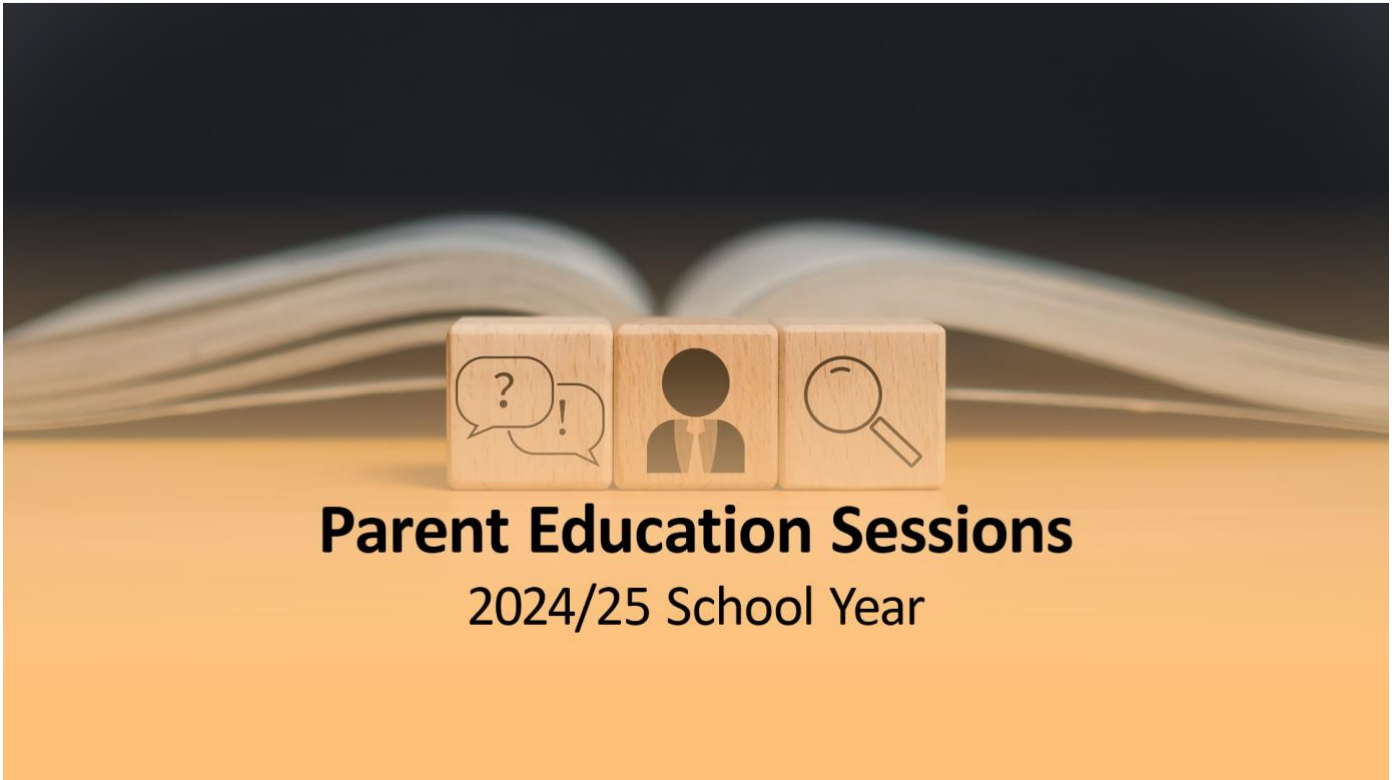


Order here:

<https://munchalunch.com/schools/mckay/>

Hot Lunch Days

Order By	Vendor	Lunch Date
Fri Jan 10 at 11:59pm	Triple O	Fri Jan 17
Fri Feb 14 at 11:59pm	Fresh Slice Pizza	Fri Feb 21
Fri Apr 4 at 11:59pm	Taco Luis	Fri Apr 11
Fri May 16 at 11:59pm	Sushi Lovers	Fri May 23
Fri Jun 6 at 11:59pm	Fresh Slice Pizza	Fri Jun 13



Click [here](#) or on the above banner for information about the free, virtual Parent Education Sessions offered by the Richmond School District this year.

SUBSTANCE USE PREVENTION: MENTAL HEALTH & DECISION-MAKING

A **COMPLIMENTARY WEBINAR** FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading **adolescent Clinical Psychologist Dr. Hayley Watson** for an online event that aims to help parents, guardians and caregivers gain a **deeper understanding** of substance use prevention and learn **practical tools** for supporting youth mental health.



Key Takeaways:

- ✔ Learn the factors that contribute to youth mental health/substance use
- 🧠 Understand the skills that youth need to overcome these needs
- 🧠 Acquire practical tools for empowering your child and youth to make positive choices
- 🧠 Increase your ability to support your own mental health

Time: 6–7:30pm PST
Date: 20th, 25th, 26th Feb 2025

Scan the QR
Code to Register



REGISTER NOW

Need dental insurance?

If your children don't have dental insurance, they may be eligible for dental benefits.



NEW

Canadian Dental Care Plan

Eligibility:

- ✓ Do not have access to dental insurance
- ✓ Have an adjusted family net income of **less than \$90,000**
- ✓ Be a Canadian resident for tax purposes
- ✓ Have filed your tax return in the previous year
- ✓ Children must be **under 18 years old**

*If your child has dental insurance through a provincial, territorial or federal government social program, **they can still qualify** for the Canadian Dental Care Plan*



Scan here for more info and how to apply!

BC Healthy Kids Program

Eligibility:

- ✓ Must be eligible for Medical Services Plan (MSP) Supplementary Benefits
- ✓ Have an adjusted family net income of **\$42,000 or less**
- ✓ Children must be **under 19 years old**



Scan here for more info and how to apply!

Visit www.vch.ca/dentalhealth for dental health services and resources.



 RICHMOND OLYMPIC
EXPERIENCE

RICHMOND SCHOOL DISTRICT
PRO-D DAYS
SPECIAL

Guests can receive up to **3 complimentary child/youth tickets** with the purchase of 1 paid adult ticket

JAN
24

JAN
27

FEB
14

MAY
16

FOR MORE INFORMATION:

6111 River Road, Richmond BC
778.296.1400 | olympicexperience.ca



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Who is Eligible?

Children are eligible for coverage if they are:

- a) more than 6 months old;
- b) less than 27 years old; and
- c) live in Canada, except the province of Quebec.

If a child is 14 years old or older at any time during the Coverage Period, they must be a full-time student within the 12 months prior to any claim. We define a full-time student as being enrolled in a minimum of 3 courses at the same time, during any 4-month period.

If you have children enrolled in different schools or school boards, they may all be insured under one policy.

STUDENT ACCIDENT INSURANCE

Financial Protection for your family in case of accidents



**Full Year of
Coverage**

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🌐 www.INSUREMYKIDS.COM

Underwritten by Old Republic Insurance Company of Canada. Please visit insuremykids.com for detailed information on coverages, conditions, limitations and exclusions.

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