

McKay's Week-At-A-Glance (WAAG):

May 20th - May 24th



Hello McKay Families!

I hope you are already enjoying a lovely extra long weekend. Our staff today were learning, attending professional development workshops on Planning for Equity and Inclusion, Indigenous Weaving, Math Assessment, and more.

Thank you to our PAC for a fantastic and fun Bubble Tea fundraiser on Thursday! What a refreshing end to a warm and sunny week ©

Highlights For Next Week Include:

Monday May 20 th	Victoria Day Holiday – No School in Session
Tuesday May 21 st	Saleema Noon Workshops – Grades K to 7
Wednesday May 22 nd	 Saleema Noon Workshops – Grades K to 7 Welcome to Kindergarten
Thursday May 23 rd	
Friday May 24 th	Grade 7 Students @Burnett in the A.M.

VERY IMPORTANT REMINDER FROM THE OFFICE.....

If your child will be absent or late for school please inform the office directly by calling the early warning line as soon as possible at 604.668.6572.

Upcoming Important Dates and Special Events:

June 5	Band Concert in the afternoon and evening
June 14	Sports Day- Early dismissal at 1:30pm
June 17	Spring Immunization Clinic K/1/6/7
June 19	Sports Day Rainout Day
June 21	National Indigenous Peoples Day and Pow Wow Dance Performance
June 25	Gr 7 Farewell





Information Items for Families:

Telus - Internet for Good Program

Families that receive the maximum Child Care Benefit and can provide a recent Canada Child Benefit statement showing your family net income of less than or equal to \$34,863 can apply for discounted internet services.

Internet Options:

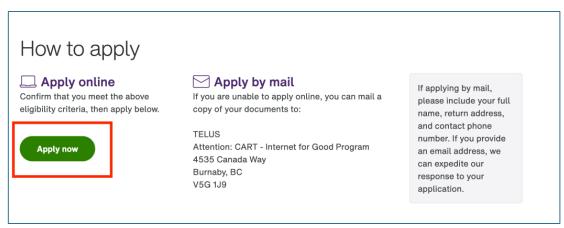
- The program offers three choices of internet packages that range from \$10 to \$30 per month (not inc. taxes).
- Each plan gives a range of internet services related to upload/download speeds and data usage.
- Plans are guaranteed for 2 years at which time clients are required to re-apply.

Step 1: Go to Program Page

 Use this link to review plan details and eligibility requirements, and to submit an application for service: <u>Telus Internet for Good Program</u>

Step 2: Apply On-Line

- You can apply on-line for this program. Applicants will be required to provide some documentation and details at the time of the application.
- Use the 'Apply Now' button to begin the process.



Step 3: Telus Follow Up

• Successful applicants will receive a one-time code and a call centre number from Telus to activate the service and arrange a service appointment.



We offer support for parents and caregivers of children and youth with mental health and/or substance use challenges.

HOW CAN WE HELP YOU?

- We provide a safe space to talk, free of judgement and blame.
- We listen and help you find the resources and services in your community
- We can help you prepare for meetings with your school and other professionals who are working with your child.
- We can meet in ways that work best for you in person, by phone, video chat, or email.

WHY DO WE DO IT?

• We have been there ourselves and we have connected with and learned from other families over 20+ years, and we want to share that with you.

FAMILIES CAN ACCESS PEER SUPPORT SERVICES IN CANTONESE, ENGLISH, MANDARIN AND PUNJABI.

TO CONNECT WITH A FAMILY PEER SUPPORT WORKER:

Email: richmond@familysmart.ca

Phone: 604-607-9570

Family Peer Support workers are part of BC's Integrated Child & Youth (ICY) Teams

WE ARE FAMILIES, AND WE HELP FAMILIES.

請讓我們幫助您和您的家人。因爲我們都是一家人。 请让我们帮助您和您的家人。因为我们都是一家人。 พमी นอिह्न ਹਾਂ, ਅਤੇ ਅਸੀ ਪਰਿह्न ਹਾਂ ਦੀ ਮਦਦ ਕਰਦੇ ਹਾਂ।

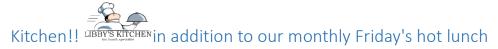








McKay is excited to announce the launch of a new Hot Lunch Program through Libby's



Starting April 8, 2024, we will be offering delicious and nutritious hot lunches twice a week on Mondays and Wednesdays (to start), delivered to the hot lunch table inside the school hallway during lunchtime. Students can conveniently pick up their orders, which will include their name, division number, and lunch details.

Daily vegetarian options will be offered starting in May.

How to Order: Please refer to the attached Libby's Kitchen Registration guide for detailed instructions in creating your account and placing orders online at https://www.libbyskitchen.ca/. April menu has also been attached for your convenience.

NOTE: ORDERS TO BE PLACE BY 5PM ON SUNDAY FOR THE WEEK

Daily Hot Lunch Program: Libby's Kitchen Menu: **Lunch sizes & Prices:** LIBBY'S KITCHEN takes pride in 1. Large 28 oz for \$11/Order Their menu is carefully designed in (Recommend Grade 6 & up) compliance with The Guidelines providing high-quality hot lunch meals for Food and Beverage Sales in BC for children. Their offerings include: 2. Medium 16 oz for \$9/Order School Meal and School Nutrition Program Handbook to ensure (Recommend Grade 3 to 5) Quality hot lunch and on-time nutrients intake and food delivery variation. 3. Small 12 oz for \$7/Order (Recommend K to Grade 2) Asian and Western style menu Libby's Kitchen aims to provide hot choices lunches that are: □ Nuts and MSG Free ☐ Secure online ordering system Packaging & Delivery: Healthy and Delicious via libbyskitchen.ca ☐ Libby's Kitchen uses leak-proof Up-to-date with the microwavable containers to offer a ☐ Fast and responsive customer Canada's Food Guide convenient hot lunch experience! service via email, phone, and Carefully designed to Our cutlery is 100% biodegradable to achieve balanced diet WeChat minimize environmental pollution. Made to order Rich in menu choices and **We ask all students to please take their hot fun to eat lunch containers home at the end of the day □ Inclusive and diversified and re-use or Prepared daily and locally Recycle. *Please note: 10% of the ordering proceeds from this program go directly to PAC which will be used to enrich the students' education inside and outside of the classroom.

Thank you for your support! For inquiries, please send an email to mckayelementarypac@gmail.com The McKay PAC

Content: For parents to expand their social support networks, share experience, and learn more about community resources. Parents will participate group discussion around parenting, child development, family relationship and self-discovery etc. At the same time, children will have interactive play in a safe and fun environment.

内 容:

本計劃讓家長擴展社交網絡,交流經驗和認識更多的社區 資源。透過講座和活動,提高家長們教導子女的能力,促 進親子關係。同時,子女們可以在一個安全及愉快的環境 中和其他小朋友玩樂。

Date: Every Monday & Wednesday

Time: 9:15 cm to 11:15 cm

Location: Woodward Elementary (StrongStart Classroom)

10300 Seacote Road, Richmond Language: English, Cantonese and Mandarin

日期: 逢星期一和星期三

時間: 上午9時15分至11時15分

地點: Woodward 小學 (StrongStart 教室)

10300 Seacote Road, Richmond

語言: 英語, 粤語, 普通話

For enquiry, please contact:

604-341-2799 or 604-207-5027

Email: aleung@touchfam.ca

查詢請致電 604-341-2799 或 604-207-5027

* Please bring indoor shoes for adults and children. 請家長為自己及小朋友準備室內用的鞋。



點石家庭協會

Suite 210-3031 Viking Way, Richmond B.C. V6Y 1W1 Tel. 電話 : 604-279-5599 Fax 傳真 : 604-279-1814 Website: www.touchstonefamily.ca

CAP-C Program CAPC 社區兒童行動計劃

FREE program for Richmond Families with children 0-6 years old

> 免費活動 歡迎有零至六歲子女的 列治文家庭參加

> **April- June 2024**

