



## McKay's Week-At-A-Glance (WAAG):

Mar. 2<sup>nd</sup> - Mar. 6<sup>th</sup>

Hello McKay Families!

We are excited for the week ahead, and our dance program! Unfortunately over the weekend we learned that the dance instructors we had booked to teach us Indigenous Pow Wow and Hoop dancing are suddenly unavailable due to a bereavement in their family. We respect their privacy and need to be with their family at this time.

The dance company has offered a different instructor and dance style to support us this, and so we have decided to learn Hip Hop and Afro styles of dance this week instead, and will have a couple of days with our planned Indigenous dance instructors at a future date later this year.

On Friday, we invite you to join us in the gym at 1:30pm to see what we have learned in dance this week!

Ms. Livingston

### *Highlights For Next Week Include:*

|                                          |                                                                                                                                                                                                                                                             |
|------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Monday</b><br>Mar. 2 <sup>nd</sup>    | <ul style="list-style-type: none"><li>• Dance Program- Hip Hop and Afro Styles</li></ul>                                                                                                                                                                    |
| <b>Tuesday</b><br>Mar. 3 <sup>rd</sup>   | <ul style="list-style-type: none"><li>• Dance Program</li><li>• Girls' Basketball Home Game vs. Spul'u'kwuks – 3pm</li></ul>                                                                                                                                |
| <b>Wednesday</b><br>Mar. 4 <sup>th</sup> | <ul style="list-style-type: none"><li>• Dance Program</li><li>• Boys' Basketball Home Game vs. Spul'u'kwuks – 3pm</li></ul>                                                                                                                                 |
| <b>Thursday</b><br>Mar. 5 <sup>th</sup>  | <ul style="list-style-type: none"><li>• Dance Program</li><li>• Order deadline at 11:59pm for March 10<sup>th</sup> Universal Hot Lunch- order through the Feeding Futures button on <a href="http://www.munchalunch.com">www.munchalunch.com</a></li></ul> |
| <b>Friday</b><br>Mar. 6 <sup>th</sup>    | <ul style="list-style-type: none"><li>• Dance Program</li><li>• Dance Performance for Families at 1:30pm- email with details to come</li></ul>                                                                                                              |

### **VERY IMPORTANT REMINDER FROM THE OFFICE.....**

**If your child will be absent or late for school please inform the office directly by calling the early warning line as soon as possible at 604.668.6572.**

### **Upcoming Important Dates and Special Events:**

M-T Mar 9-10 Fraser River Discovery Centre Workshops Div 8-13

|       |             |                                           |
|-------|-------------|-------------------------------------------|
| Fri   | Mar 13      | Last Day of School before Spring Break    |
| Mon   | Mar 30      | School Reopens after Spring Break         |
| Fri   | April 3     | Good Friday <b>No School in Session</b>   |
| Mon   | April 6     | Easter Monday <b>No School in Session</b> |
| Thurs | April 9     | Class Photos                              |
| Mon   | April 20    | Saleema Noon Parent Session               |
| W-Th  | April 22-23 | Saleema Noon Body Science Presentations   |
| Thurs | April 23    | Term 2 Learning Updates Published         |

## Significant Dates in our Community



Zero Discrimination Day: Mar. 1

Purim: Mar. 2-3

Lantern Festival: Mar. 3

Magha Puja Day: Mar. 3

Holi: Mar. 4

Hola Mohalla: Mar. 4-6



Zero Discrimination Day is observed annually on March 1st to promote the right of every person to live a full and productive life with dignity, regardless of age, gender, race, health status, or sexual orientation.



Purim is the most joyous festival on the Jewish calendar, celebrating the survival of the Jewish people in ancient Persia after a plot to annihilate them was foiled. Often described as a "carnival of happiness," it is marked by a unique atmosphere of revelry, costumes, and collective celebration.



The Lantern Festival, concluding the Lunar New Year celebrations, takes place on March 3, 2026, marking the first full moon of the year and the start of spring. This festive occasion features vibrant traditions, including elaborate lantern displays, riddle-solving, and energetic Lion and Dragon dances.

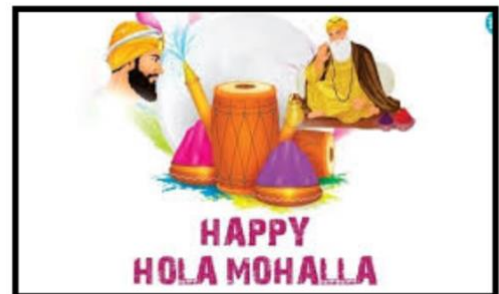
Traditionally a time for family unity, it is celebrated with the consumption of Tangyuan, which are sweet rice balls symbolizing togetherness.



Magha Puja, also known as Sangha Day, commemorates a spontaneous gathering of 1,250 enlightened monks who met the Buddha without prior arrangement on the full moon of the third lunar month. This "Fourfold Assembly" marked a miraculous gathering where all disciples present had been personally ordained by the Buddha. During this event, the Buddha delivered the Ovada Patimokkha, a sermon summarizing the core Buddhist tenets of doing good, avoiding evil, and purifying the mind. Devotees celebrate the occasion through merit-making, meditation, and evening candlelit processions to honor the Three Jewels.



Holi, the vibrant "Festival of Colours," is an ancient Hindu celebration marking the arrival of spring, the triumph of good over evil, and the blossoming of love. It is one of India's most joyous and widely celebrated festivals, now observed globally by millions of people.



Hola Mohalla is a major three-day Sikh festival, often starting the day after Holi in March, that showcases bravery, martial arts, and community spirit. Initiated in 1701 by Guru Gobind Singh Ji, it features Nihang Sikhs performing traditional Gatka, horsemanship, and weapon displays, particularly at Anandpur Sahib in Punjab. It is a celebration of valor and fraternity.





# Dress for the weather!

Students will go outside for recess and lunchtime play in all weather.  
Rain gear, layers, and extra clothing are helpful to stay comfortable!



warm gear



rain gear



Extra clothes



## Universal Hot Lunch Days



Order here:

<https://munchalunch.com/schools/mckay/>  
Select “Feeding Futures Parent Account”

Optional, no-cost,  
hot lunch program, open to  
everyone.

| Lunch Date | Order By                        |
|------------|---------------------------------|
| March 10th | March 5 <sup>th</sup> @ 11:59pm |
| April 7th  | April 2 <sup>nd</sup>           |
| May 5th    | April 30 <sup>th</sup>          |
| June 9th   | June 4 <sup>th</sup>            |