



McKay's Week-At-A-Glance (WAAG):

Oct. 13th - Oct. 17th

Hello McKay Families! It was an exciting week for our grade 6 & 7 students who spent three days at Camp Jubilee for outdoor education. It was amazing seeing them learning new skills outside, and having a lot of fun along the way!

This week also had some torrential Fall rain! This means that all students should be prepared for rain everyday by bringing a rain coat to school, and consider having an extra pair of clothes, socks, and shoes in their backpack. **We go outside everyday in all weather**, so it is important that students have what they need to be comfortable outdoors.

Also, a gentle reminder that if you need to pick your children up early from school for an appointment, please let both your teacher and the office know ahead of time (email is great), so that we can have them ready. Teachers are not usually able to check email throughout the day, so a little more time is helpful.

Monday is Thanksgiving, and there is no school! We hope you all enjoy the extra time with family and friends.

Highlights For Next Week Include:

Monday Oct. 13 th	• Thanksgiving - No School in Session
Tuesday Oct. 14 th	• Volleyball Home Game vs. Brighthouse – 3:00 pm – 4:00 pm • PAC Meeting at 7:15pm on Zoom (link will be emailed)
Wednesday Oct. 15 th	• Volleyball Away Game vs. Grauer – 3:00 pm – 4:00 pm
Thursday Oct. 16 th	• The Great Shake Out- Earthquake Drill and Evacuation @ 10:30am
Friday Oct. 17 th	• Photo Retakes • PAC hot lunch for those who ordered- Bala Foods • PAC Mountain West Family Photo Night- Sign up here

VERY IMPORTANT REMINDER FROM THE OFFICE.....

If your child will be absent or late for school please inform the office directly by calling the early warning line as soon as possible at 604.668.6572.

Upcoming Important Dates and Special Events:

Oct 22-23	Learning Update- Conferences- Early Dismissal @ 1:45
Fri Oct 24	Provincial Pro D Day No school in session
Mon Oct 27	Gr 6 & 7 Immunizations
Mon Nov 10	Remembrance Day Assembly
Tues Nov 11	Remembrance Day No school in session
Tues Nov 25	TCO2 Safer Space presentations Gr 4-7

Significant Dates in our Community



**Happy 2025
THANKSGIVING**



**International
Pronoun Day**



**SPIRIT
DAY**

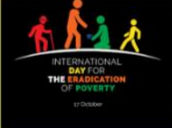


**WORLD
FOOD
DAY**
Action for #ZEROHUNGER

Thanksgiving Day: Oct 13
Simchat Torah: Oct 14 & 15
International Pronouns Day: Oct 15
Spirit Day: Oct 16
World Food Day: Oct 16
International Day to Eradicate Poverty: Oct 17
Persons Day: Oct 18



**Simchat
Torah**



**INTERNATIONAL
DAY FOR
THE ERADICATION
OF POVERTY**



**Yes
Women are Persons!**



**Canada
Thanksgiving Day**

In 2025, Thanksgiving in Canada will be on Monday, October 13. It is celebrated annually on the second Monday of October.

Key details about the holiday:

- **Harvest celebration:** The holiday officially became an annual event in 1879. In 1957, Parliament set the date for "a day of General Thanksgiving to Almighty God for the bountiful harvest".
- **Origins:** The first recorded North American Thanksgiving celebration occurred in Canada in 1578 when explorer Martin Frobisher held a feast to give thanks for a safe voyage.



**Simchat
Torah**

It is the second of a two-day holiday that immediately follows the seven-day festival of Sukkot.

The name Simchat Torah means "Rejoicing with the Torah," celebrating the Jewish people's deep affection for the Torah and its study.

The central feature of this holiday is the completion of the annual cycle of weekly Torah readings, immediately followed by the beginning of a new one. This symbolizes the eternal nature of studying God's wisdom.



International Pronouns Day is an annual event observed on the third Wednesday of October. It was founded in 2018 by Shige Sakurai as a grassroots initiative to raise awareness about the importance of respecting, sharing, and educating about personal pronouns.

What is the purpose of International Pronouns Day? The day's primary goal is to normalize the practice of sharing pronouns and to create a more inclusive and respectful society for everyone. For transgender, non-binary, and gender nonconforming people, being referred to with the correct pronouns is a matter of basic human dignity. Intentionally or repeatedly using the wrong pronouns, known as "misgendering," can be hurtful and invalidating.



It is an annual event organized by GLAAD, the world's most visible anti-bullying campaign supporting lesbian, gay, bisexual, transgender, and queer (LGBTQ) youth. The event began in 2010 when Canadian teenager Brittany McMillan organized a Tumblr post asking people to wear purple in response to a string of bullying-related suicides of LGBTQ youth. The name "Spirit Day" comes from the purple stripe on the rainbow pride flag, which represents "spirit".



**WORLD
FOOD
DAY**

Action for #ZEROHUNGER



World Food Day is an annual event observed on October 16 to raise awareness about global hunger and promote action to achieve food security for everyone. It is one of the most celebrated days on the United Nations calendar, with events held in over 150 countries.



The International Day for the Eradication of Poverty is observed annually on October 17. The day raises awareness of the need to end poverty and destitution worldwide and recognizes the struggles of people living in poverty.



"The purpose of a woman's life is just the same as the purpose of a man's life; that she may make the best possible contribution to her generation."
— Louise McKinney (1868-1931)

Yes, Women are Persons!

Persons Day | October 18 #PersonsDay

Persons Day is a Canadian holiday celebrated on October 18th each year, marking a significant legal victory for women's rights. On this day in 1929, the "Famous Five"—a group of Canadian women—won a case that allowed women to be legally recognized as "persons" under Canadian law. This victory meant that women could be appointed to the Senate and participate fully in political life. Persons Day honors their fight for gender equality and is an important milestone in the women's rights movement in Canada.

Information Items for Families:

Come see
samples in
the school!



Order
deadline
is
October 31st!

GO MUSTANGS! The McKay PAC is pleased to announce that we will be offering a line of McKay Spirit Wear to students. T-shirts, hoodies, full-zip hoodies, caps and toques with McKay logos are available for sale. The deadline to order is Friday, October 31st 2025 at 11:59pm. Delivery is expected to be around beginning to mid of December.

Click [HERE](https://munchalunch.com/schools/mckay/) to order your Spirit Wear --> <https://munchalunch.com/schools/mckay/>

All proceeds from this event will be used to enrich the students' education inside and outside of the classroom including projectors and audio systems, sports equipment, stationery supplies and other needs.

Thank you for your support! For questions, please send an email to mckayelementarypac@gmail.com.

The McKay PAC



McKay Hot Lunch Days Sep - Dec 2025

Order Deadline	Food Vendor	Food Date
Sun Sep 21 at 11:59pm	Fresh Slice Pizza	Thu Sep 25
Fri Oct 10 at 11:59pm	Asian Menu by Bala Foods	Fri Oct 17
Fri Oct 31 at 11:59pm	Sushi Lovers	Fri Nov 7
Fri Nov 14 at 11:59pm	Triple O	Fri Nov 21
Fri Dec 5 at 11:59pm	Fresh Slice Pizza	Fri Dec 12



Scan to Order

Or go to this website to order --> <https://munchalunch.com/schools/mckay/>



*Interested in helping with hot lunch days? Sign-up by clicking the "Volunteer" tab in MunchaLunch.
Have questions? Please send an email to mckayelementarypac@gmail.com*



Dress for the weather!

Students will go outside for recess and lunchtime play in all weather.

Rain gear, layers, and extra clothing are helpful to stay comfortable!



Warm gear



rain gear



Extra clothes



Our McKay Community raised

\$455

for the Terry Fox Foundation!

Thank you for supporting cancer research,
helping to improve cancer diagnosis methods and
treatment options, and quality of life for cancer patients !



Message from PAC

Mountain West Family Photo Night

Hello McKay Families:

We are proud to be partnering with Mountain West Studios for a "Family Photo Night Sessions". All interested families are welcome to be dressed in their favourite outfit to enjoy a professional photo shooting at the gym.

This is a PAC fundraiser for McKay! 100% of the sitting fee goes directly back to our school, and each family will receive a complimentary 8x10 print from Mountain West!

Date	Friday, Oct 17th, 2025
Time	4pm - 9pm
Where	Gym (Pets are NOT permitted)
Sitting Fee	\$30
To book your Family portrait sitting, please visit this link: McKay Elementary Family Sittings	

If you have any questions after reviewing our sign up page, please contact *Mountain West Studios* at 1.888.644.4494 or by Email: help@mountainwest.ca



FAMILY PHOTO FUNDRAISER

Each family receives one complimentary 8x10 print!

Mountain West Studios is pleased to offer our "Family Photo Night Sessions", a great way to support your school and provide precious memories for those you care about.

Your PAC (Parent Advisory Committee) works hard to raise funds for the school...why not let us help? Our mobile studio can come to your school or your local park, set up an easy-to-implement, professional photo shoot for your families. This event is especially popular for Mother's Day, Father's Day and Winter holiday gift-giving.



PHOTO FUNDRAISER

Your \$30 sit fee includes:

- Evening or Weekend Sessions
- 10 Minutes per family
- 10-15 Previews of each Family
- Sitting Fee donated to school



Creative poses

