



## McKay's Week-At-A-Glance (WAAG): March 4<sup>th</sup> - March 8<sup>th</sup>



Thank you families for booking Parent Teacher Conferences for your child's Learning Update #3 this past week! We know that a strong partnership between McKay school and our families is the best way to support your child's learning! It was wonderful seeing how proud the students felt when they took ownership and shared their learning with their families. And thank you to all who supported our Scholastic Book Fair in the library!

We continue to have concerns about safety in our school parking lot. Please slow down. It is very busy at pick up and drop off, but we need to be patient and drive slowly to prevent accidents. Please note that Richmond RCMP traffic section have notified us that they may sometimes be monitoring speed and parking around our school neighbourhood to help remind everyone to follow posted speed limits and parking rules.

With spring around the corner, we are hoping that the worst of cold and flu season is behind us, but we must continue to follow recommended health guidelines at all times of year to support the good health of our students and each other. If your child has been vomiting or has diarrhea, [Vancouver Coastal Health recommends that they are symptom free for 24 hours before returning to school.](#) Thank you for your cooperation in keeping our students healthy and safe!

### *Highlights For Next Week Include:*

<b>Monday</b> March 4 <sup>th</sup>	
<b>Tuesday</b> March 5 <sup>th</sup>	<ul style="list-style-type: none"> <li>• <a href="#">Basketball Game @ Dixon Go Mustangs!</a></li> <li>• <a href="#">PAC Meeting 7:15pm on Zoom</a></li> </ul>
<b>Wednesday</b> March 6 <sup>th</sup>	<ul style="list-style-type: none"> <li>• <a href="#">Breaker Classic Basketball Tournament @ Burnett</a></li> </ul>
<b>Thursday</b> March 7 <sup>th</sup>	<ul style="list-style-type: none"> <li>• <a href="#">Hip Hop Dance Program</a></li> <li>• <a href="#">Breaker Classic Basketball Tournament @ Burnett</a></li> </ul>
<b>Friday</b> Mar 8 <sup>th</sup>	<ul style="list-style-type: none"> <li>• <a href="#">Hip Hop Dance Program</a></li> </ul>

## VERY IMPORTANT REMINDER FROM THE OFFICE.....

If your child will be absent or late for school please inform the office directly by calling the early warning line as soon as possible at 604.668.6572.

### Upcoming Important Dates and Special Events:

March 15 – April 1 <sup>st</sup>	Spring Break <b>No school in session</b>
March 29	Good Friday <b>No school in session</b>
March 31	Easter Sunday <b>No school in session</b>
April 1	Easter Monday <b>No school in session</b>
April 11	Class photos and panorama

### Significant Dates in our Community



March 8th is:  
International Women's Day  
And:  
Maha Shivaratri



## Dress for the weather!

Students will go outside for recess and lunchtime play in all weather. Rain gear, layers, and extra clothing are helpful to stay comfortable!



warm gear



rain gear



Extra clothes

## Information Items for Families:

### Evidence-Informed Mental Health Resources

[HealthyMindsBC](#) provides evidence-informed prevention and early intervention tools and resources, including online learning opportunities. This site is for parents, caregivers, families, educators and other professionals to help them support the everyday mental health of children and youth. A series of courses that focus on [Everyday Anxiety Strategies for Educators](#) (EASE K-7 and 8-12) and [Early Years](#) are available. The newest course, [Walking Alongside Youth with Anxiety](#) (WAY), is designed to build capacity and support the foster care providers and out-of-care/kinship care providers who are caring for Indigenous and non-Indigenous youth with mild to moderate anxiety.

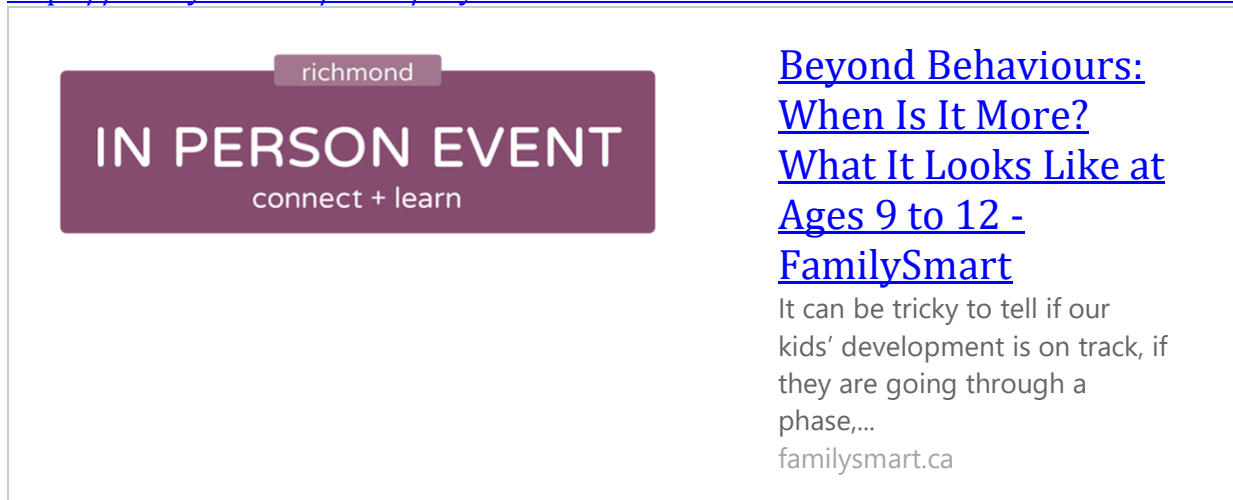
March 5 @ 9:15 am - 10:15 am PST

#### **[Beyond Behaviours: When Is It More? What It Looks Like at Ages 9 to 12](#)**

*McNeely Elementary in the school library 12440 Woodhead Rd, Richmond, BC, Canada*

It can be tricky to tell if our kids' development is on track, if they are going through a phase,...

<https://familysmart.ca/event/beyond-behaviours-when-is-it-more-what-it-looks-like-at-ages-9-to-12/>



The graphic features a purple rectangular box on the left with the text 'richmond' in a small white box above it, 'IN PERSON EVENT' in large white letters, and 'connect + learn' in smaller white letters below. To the right of this box, the event title is repeated in blue, underlined text: 'Beyond Behaviours: When Is It More? What It Looks Like at Ages 9 to 12 - FamilySmart'. Below the title, a short paragraph repeats the text 'It can be tricky to tell if our kids' development is on track, if they are going through a phase,...' and the website 'familysmart.ca' is listed at the bottom.

March 5 @ 6:00 pm - 7:30 pm PST

#### **[Beyond Behaviours: When is it More? Ages 13-18](#)**

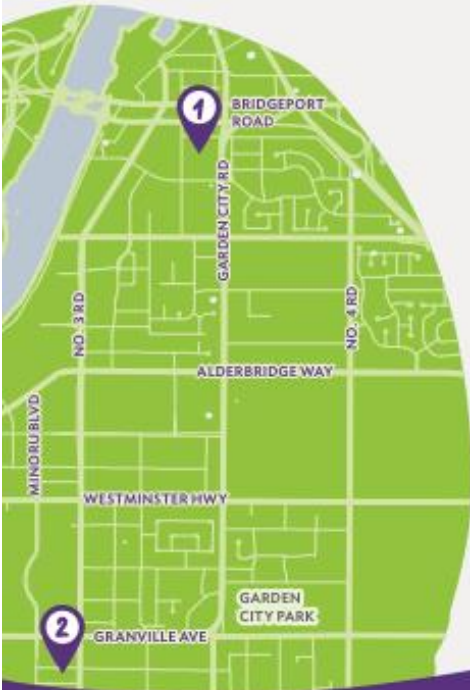
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# PLAY STREETS

IN  
RICHMOND!



We are creating spaces for play  
for children and youth in Richmond!

**Play Streets will include:**

- Biking
- Board games
- Scootering
- Sports games
- Crafts
- Quiet reading area
- Lots of outdoor fun!

FREE

OPEN TO  
EVERYONE!

## COME PLAY

AT THE FOLLOWING LOCATIONS:

**1 3300 Block Ketcheson Road, Richmond**

- Sat, February 24 from 11:00am-2:00pm
- Wed, March 13 from 3:30-5:00pm

**2 7000 Block Abercrombie Drive, Richmond**

- Sat, March 9 from 11:00am-2:00pm
- Wed, March 20 from 1:00-3:00pm



SOCIETY FOR  
children  
and youth  
OF BC

Richmond

**Registration for September 2024 opens soon!**  
*Children born in 2020 may apply*

**Our preschool program is specifically designed for 4-year old children (born in 2020) to attend Just B4 with the hope of inspiring and supporting the creation of rich, joyful early childhood spaces. Our approach is emergent, play-based and focuses on children's natural inquiries.**

*"The image of the child is upheld in the belief that children are strong and capable in their uniqueness and full of potential."*

**PROGRAMS**

**Just B4 – Lee Elementary**

M/W/F Program (9:00 – 11:30 am)

**Just B4 – Lee Elementary**

T/Th Program (9:00 – 11:30 am)

**Just B4 – Grauer Elementary**

M/W/F Program (12:30 – 3:00 pm)

**Just B4 – Grauer Elementary**

T/Th Program (12:30 – 3:00 pm)

**Just B4 – Grauer Elementary**

M/T/W/Th/F Program (12:30 – 3:00 pm)

Apply online in the beginning of March 2024:

<https://sd38.bc.ca/programs/early-learning-programs/just-b4-preschool>



# TRY SOFTBALL!



Monday Mar. 4

Ages 6-10: 6<sup>30</sup> -7<sup>30</sup>

Ages 11-13: 7<sup>30</sup> -8<sup>30</sup>



This **free session** is open to youth aged 6-13 who want to learn more about softball.



**REGISTER NOW!**

 [rgsa\\_bc](https://www.instagram.com/rgsa_bc)



A FREE 10-week family program to inspire healthier BC families with kids ages 8-12.

- Learn together about:
- Healthy Eating
  - Physical Activity
  - Positive Mental Health
  - Screen Time
  - Sleep Routines



Family activity credits and cooking classes included!

In-Person at The Cambie Community Centre in Richmond BC.  
Sundays 1:00 - 3:00pm, February 11 - April 14, 2024

**Register for the programs today at:**

[info@generationhealth.ca](mailto:info@generationhealth.ca)      [www.generationhealth.ca](http://www.generationhealth.ca)



University of Victoria

